



**Old Guys Say Yes to Community**

## **IO18\_INTEGRATION/FINAL REPORT**



## **1 Summary of the project Old Guys Say Yes to Community**

**CONTEXT:** The European Commission has identified active and healthy ageing as a major societal challenge common to all European countries, and an area which presents considerable potential for Europe to lead the world in providing innovative responses to this challenge. The participation of older men in learning and social activities in communities is low which affects their well-being and health. The willingness of older people to take part in organised education is linked to their level of education, previous occupation, gender and well-being. Men, especially less educated and socially deprived, are often not active in community associations and are also excluded from the educational activities. Besides, voluntary associations do not perceive their role as important actors in community learning of different age and gender groups. The “Old Guys Say Yes to Community” project deepened these perspectives with andragogic theory and practice.

**OBJECTIVES:** The "Old Guys Say Yes to Community" project aimed to foster the inclusion of men aged 60 years or more (especially with low education), in learning and education activities to positively affect their well-being, health, social life and to contribute to their re/up-skilling.

**PARTICIPATING ORGANISATIONS:** A partnership of 6 organisations (4 universities, 2 community organisations) from 4 EU countries (Slovenia, Estonia, Poland and Portugal) developed and proposed new measures to enhance the learning dimension in community organisations which are not primarily concerned with education (NGOs, volunteer organisations and other associations). University teachers and students contributed strongly to this process, and therefore enhance partnerships between community providers and educational institutions on all levels.

**MAIN ACTIVITIES:** 1) we analysed the needs, motivation and demand of men aged 60 years or more in selected communities regarding community activities and confronted them with existing possibilities in different communities; 2) analysed models of good practice on older men's learning and socialising in different contexts and environments; 3) prepared precise and in-depth recommendations for local communities (and authorities), involving different organisations, providers of activities, local community facilitators, etc. in the sense of development of new social activities and community learning possibilities for older men; 4) developed and implemented an educational programme for community organisation workers who are interested and active in the learning and education of men aged 60 years or more on how to enhance the learning dimension in their organisations; 5) raised awareness of different stakeholders and providers of social and learning activities on the community level on their impact on community members, on the learning needs of older men and benefits from including them in the learning process; and 6) formed a user-friendly information and learning community portal for enhancing EU-wide cooperation of different actors and organisations on the community level and their acquaintance with learning and social needs of various groups of adults in communities in participating EU countries.

**RESULTS:** 1) Different surveys have been conducted (qualitative research; interviews and focus groups; roundtables; analyses of good practices, etc.); 2) In-depth recommendations for community organisations and local authorities have been prepared for all partner countries as well as 3) a model for a training programme for educators and community workers has been developed (- educational curriculum for community workers - Blended Learning Training) to ensure the use of innovative practices and to achieve coordinated and diverse learning opportunities EU wide. This process was strongly supported with the use of 4) Open Educational Resources (OER) and other innovative teaching strategies.

**IMPACT:** The project strongly influenced community organisations and their learning practices; raised the awareness of local authorities and policy makers of how they can support community organisations and benefit men aged 60 years or more, and their willingness to act more pro-actively. The project mobilised local community organisations with the know-how of what men aged 60 years or more need and desire; stimulated local community organisations who offer activities and education to older men to start collaborating with each other nationally and across borders; mobilised older men to start participating in activities offered to them by these organisations or to participate more frequently which positively impacts their health and quality of life.

**LONGER-TERM BENEFITS:** raised awareness at local NGOs, at local and national authorities – policy makers; at media on different levels of their work (local, national, EU); transferred knowledge and experiences in active ageing in later life across Europe among professionals in adult education, students and civil society.

## **2 On how original objectives of the project have been met**

The Old Guys Erasmus+ project explored how inactive ageing affects the quality of life, health and well-being of men aged 60 years or more, and how (self-)exclusion from the community can lead to social and psychological ‘death’. The project identified, developed and highlighted four interconnected themes which are inadequately, insufficiently, or simply not addressed by national institutions and often also the non-governmental sector in the researched countries: 1) the pluralisation of transitions to retirement and ageing; 2) absent bodies and invisible lives; 3) hegemonic masculinity and gendered experiences; and 4) community-based learning, action and spaces. During the project process also many sub-themes were supported by well-defined issues and obstacles preventing men from integrating into the community and completed with suggestions and recommendations to implement much-needed changes. In addition to these four themes, the project findings and results touched upon a series of sub-topics and questions that should be addressed by further scientific research in the observed countries as many problems go far beyond the scope of civil society and NGOs dealing with older adults.

However, all original objectives have been met without any significant deviation (except BLT programme in Portugal that started in the end of October 2019); on the contrary, some of the objectives have been exceeded.

1. The needs, motivations, obstacles and demands of older men in selected communities have been researched, analysed and confronted with existing possibilities in different communities (reached through precise realisation of IO1, IO2, IO3, IO4, IO5, and IO6 and with the help of stakeholders in adult education and civil society). The largest input has been given by older

men themselves, investing their time and energy to share their life stories and experiences in later life with researchers and students.

2. Models of good practice in older men's learning and socialising in different contexts and environments have been analysed and disseminated (reached through precise realisation particularly IO3, partly also IO7, IO9 and with the contributions of some NGOs and their great interest in transferring good practices to their organisation).

3. Precise and in-depth recommendations for local communities, civil society and local authorities have been prepared (IO5 and IO6), involving different organisations, providers of activities, local community animators, etc. in suggesting and promoting new social activities and community learning possibilities for older men (IO7, IO9, IO10, IO14 and IO17). Dissemination (see Table1\_Dissemination) took place with round tables, conferences, presentations, sessions, public discussion, publications, social media and webpages in all four researched countries and with conference papers and discussions on the national and EU level.

4. An educational programme for community organisation workers interested and active in the learning and education of men aged 60 years or more has been developed (IO7, IO8, IO9), implemented (IO14) and evaluated (IO14, IO15, IO16). Realising that ICT and English competences among community workers in all four among main stakeholders were very poor, the partnership had to perform four BLT in each country instead of one which made the process more demanding and challenging. Besides the identified problems, needs, interests and obstacles of older men in later life, the educational curricula offered a set of suggestions and recommendations for how to enhance the learning dimension in NGOs and civil society as well as what should be the first steps for local and national authorities.

5. Through the dissemination process (Table1\_Dissemination attached) different stakeholders and providers of social and learning activities on the community level became aware of a) the problems and solutions regarding greater involvement of men aged 60 years and more in the community; b) seniors' readiness for collaboration and their impact on community members; c) on the learning needs of older men and benefits of including them in the learning process. Besides the intense dissemination process described in the attached Table1\_Dissemination, regular personal encounters with leading stakeholders of adult education in each partner country has been established, through which cooperation, innovations and collaboration have been suggested, promoted and encouraged.

6. An OER-based platform has been formed as a user-friendly information and learning community portal (IO10 – IO12) for enhancing EU-wide cooperation of different actors and organisations on the community level and their acquaintance with learning and social needs of different groups of adults in communities in participating EU countries. The OER-based platform has been specified (IO10), developed (IO11), uploaded (IO12), tested (IO15) and upgraded (IO18) by all partners with the main project results.

### **3 The main achievements of the project**

A detailed description of project achievements and results are listed in the sections intellectual outputs and multiplier events. Among relevant achievements exceeding the initial expectations we identified particularly:

1) International level:

Final conference: of the planned number of foreign (30) and local (60) participants, 166 participants attended the conference. The University of Ljubljana (beneficiary organisation)

held the 10th ELOA international conference titled “The pluralisation of transitions to the after-working life phase: Gender capital, silver productivity and mental health” (10–11/5/2019 – Ljubljana, Slovenia; <https://eloa2019.ff.uni-lj.si/>) and integrated the second day of the conference for the closing Old Guys project conference, thus gaining broader international visibility and placing the key project findings among the main topics addressed on the first day of the ELOA conference (e.g. the key findings presented in the Toolkit, Blended Learning Training and in the special thematic edition of the *Studies in Adult Education and Learning*, vol. 25, issue 2, 2019). Besides, a study visit to Australia (27/01– 04/03/2017) was organised under the ELOA and the 9<sup>th</sup> ELOA conference organised by our partners (University of Algarve). Results of the project were disseminated at 7 international conferences (ELOA; Between Global and Local, ESREA) in which partners took active part as well as with international lectures, meetings and presentations (in Cuba, Tokyo, Leeds, etc.).

2) IO 2: With the field work we gained unique and very rich data source and strong cooperation with local actors in the field of adult education and community development. We also gained in-depth insight into the real barriers, motives and desires of older community members, particularly older men, regarding their inclusion in community activities. New research problems have been identified that could be addressed in the coming years. Although qualitative research instruments were too extensive and too ambitious, as realised on the research terrain, and the study could have been conducted in a much simpler way, today we see the benefits of such an ambitious design: all partners now have an extremely rich database that will help us with our future work related to the project findings. This database already serves Master’s students and other researchers interested in related topics, as well as those working in other pedagogical, sociological and social fields related to later life and 'intergenerational exchange' and 'intergenerational translations'. The project has been incorporated into partners’ courses inside their University as well as beyond (in Lisbon, Stockholm, Tartu, etc.)

3) The project has been introduced to more than 400 students and more than 70 students have been trained for the field work. Altogether 58 students collaborated on the project’s field research in all 4 countries. Our field work also proved to be good in developing critical thinking of students and staff about the importance of the inclusion of different age groups in community activities and education. In addition, in Estonia four Master’s theses with the Old Guys topics have been completed (See Table1\_Dissemination).

4) IO 3: more than 40 good practices have been collected, described, and analysed—some of them already transferred to the local contexts, such as initiatives for Men’s Shed in Slovenia, Poland and Estonia.

5) Project partners exceeded the number of dissemination events (from 21 in Portugal to 44 in Slovenia) as seen in the Table1\_Dissemination; besides they exceeded the number of participants in the dissemination process (estimated 800 - more than 2000 realised). Visit statistics (on 25/9/2019) for the project’s main webpage (<https://oldguys.si/>) count 2,583 visitors and 9,633 page clicks. Although the BLT webpage has only been running for 10 months, the visit statistics (on 30/9/2019) for the project’s e-learning courses (BLT webpage – <https://learn.oldguys.si/>) count 3,038 of all visitors; 2541 guest visitors, 350 participants and 110 teachers. However, Table1\_Dissemination does not take into account digital dissemination (through social media, Facebook and the webpage). In Estonia, partners got 1071 Facebook followers by August 2019. In addition, the dissemination table does not take into account political and strategic meetings with policy makers, e-mails and other dissemination process targeted policy makers, taking place mostly by e-mail and personal meetings throughout the project.

#### **4 Innovations and/or complementarities**

Old Guys was innovative in the following aspects:

- 1) New theoretical insights into the contemporary problems and challenges relevant for contemporary studies in adult education, later life, gerontology and gender studies. To emphasise one such example: new insights particularly regarding "de-gendered", "ungender" or "genderless" perceptions of older adults in later life in theory and practice (also among policy): contemporary discussions on cultural and gender capital particularly in Australia and the USA bring relevant recognition that gender can matter to the same extent or even more in old age than in childhood or adulthood. The Old Guys Erasmus+ project results are in line with recent studies on gender capital and masculinities in later life, and justify why older men should be seen, discussed and examined as individual agents who practice, perform and produce gender in later life too. Our project also reveals why hegemonic masculinity is only one aspect of gendered life experiences and that different masculine realities stand alongside each other and are as necessary for men in later life as femininities are for women, particularly in contemporary societies where both aged men and women are seen and represented as de-gendered, un-gendered or even genderless. It is the first such project in the EU after the Learning Partnership OMAL (2012–2014) that was the base of the Old Guys application and project. OMAL has provided the opportunity to do case studies in Slovenia, Estonia and Portugal (besides Malta that did not participate in Old Guys). It gave our partnership the first basis on men's learning and community, and the first clues towards the importance of gender and particularly masculinities at an older age.
- 2) ICT: Use of open and innovative educational practices to achieve coordinated and diverse learning opportunities for people in later life that goes in line with many EU and other ERASMUS+ projects that offered new learning opportunities for adult educators and improved their competences. Our project is first addressing and identifying the relevance of older men's (self)marginalisation and (non)participation in the community life and providing concrete strategies for their quality of life improvement. They are freely accessible and transferable to other local/national and wider EU contexts.
- 3) A range of instruments and curricula have been developed that are freely accessible and transferable to other EU contexts, such as educational curriculum for community workers and civil society actors (Blended Learning Training); instruments for qualitative research (focus groups and semi-structured face-to-face questionnaires) has been developed on gendered perspectives of older adults in their later life. Community organisations and civil society working with older adults got freely accessible and openly licensed documents and media (OER based portal) already used for educational, learning or leisure community purposes.

## **5 Challenges**

It was a big challenge to attract men aged 60 years or more to the project activities – particularly to the research process attended by more than 400 volunteers (interviewees and FG participants) aged 60 years or more. The partnership, special associations, researchers and students used a personal approach with easy-to-understand language for presenting to them what the project is all about and how it can help them in their lives. Older men took part in our surveys, answering questionnaires and suggesting changes; some of them also participated at FGs and roundtable discussions, while particularly Slovenian participants were invited to the final conference and approximately 30 older men (interviewees) attended the conference. In addition, 50 older adults performed at the final conference (as athletes, dancers or actors). Interviewees (men aged 60 years or more) were informed about the project via flyers, phone calls, meetings, and web and other portals throughout the project. They also received indirect support through their representatives and organisations working in the field of adult education and the broader community, since the partnership worked hard on strategies to improve the participation of older men (aged 60 years or more) in the local community and, in particular, how to encourage older men's socialisation, informal learning and inclusion in organisations which are not primarily meant for education and learning in the third and fourth life stages. Besides this, the partnership raised public awareness of the social isolation of men aged 60 years or more; built the capacity of national and local institutions/organisations to address (self)marginalisation and poor health of older men, through social innovations and alternative approaches fostering community learning, doing and socialising; disseminated research findings through diverse educational programmes and public discussions (with all generations, with NGO representatives and other stakeholders in civil society, adult education and policies) to better cope with the demanding issue of social isolation.

## **6 Description of Intellectual outputs**

A detailed description of each IO is written in the table below. Only short descriptions are emphasised within this paragraph. There is no significant difference between what was planned and what was implemented, although most of the IOs exceeded the initial plans due to the hard and dedicated work of the whole partnership. IO1: The partnership developed a qualitative survey that consisted of two research instruments (questionnaire for semi-structured interviews with men aged 60 years or more and FGs questionnaire for stakeholders) which corresponded to all four different national contexts and are freely accessible (<https://oldguys.si/methodology/>) and transferable to other EU contexts. IO2: On the basis of face-to-face questionnaire researchers, Bachelor's and Master's students performed field research (approx. 415 interviews), from which 387 were included in the analyses. After saturation was identified in all partner countries we stopped the research-phase. In addition, 14 FGs and public discussions were performed; socio-economic and other data and studies were collected. IO3: More than 40 good practices were described in the first year of the project and are freely accessible at <https://oldguys.si/good-practices/> (called raw data); while 19 examples of good practices were also prepared for the Toolkit (IO9) and BLT (IO7, IO14) with questions and instructions for further work/learning in five languages. IO4: Integrated report – an extensive database gained through IO1–IO3 has been considered and analysed. Findings and project results served for roundtables, preparation of recommendations (IO5, IO6); Toolkit (IO9), OER-based portal, publications, and in the wider dissemination process. IO5: In-depth recommendations for local community authorities were prepared for each researched country in English and in the national language. In-depth recommendations are based on the analyses of an extensive database (IO1–IO4) and are freely accessible at

<https://oldguys.si/recommendation-letters/> Recommendations were sent, distributed, presented and discussed among national and local authorities, adult education stakeholders. IO6: In-depth recommendations for local community organisations were prepared for each research country in English and in the national language. In-depth recommendations are based on the extensive database (IO1-IO4) and freely available at <https://oldguys.si/recommendation-letters/> Recommendations were sent, distributed, presented and discussed among adult education stakeholders and broader civil society. IO7 & IO8: The Blended Learning training programme (Moodle course) for community workers has been prepared in 5 languages as well as Instructions for educational curricula. Both are freely accessible at <https://oldguys.si/blended-learning-course/> and transferable to other national contexts.

The learning course is also freely accessible as a PDF document for those in the field of adult education with less ICT competences. Course content is structured into 4 modules linked to the themes of the project's "Toolkit"- IO9: The Toolkit has implemented findings from in-depth recommendations and has been introduced to community workers' and NGO stakeholders' together with the strategies for how to improve the participation of older men (aged 60 years or more) in the local community. It suggests how to develop bottom-up strategies for community activities targeting older men; directions for networking community organisations; it raises public awareness of the social isolation of older men; builds the capacity of national and local institutions/organisations to address (self)marginalisation and poor health of older men, through social innovations and alternative approaches fostering community learning, doing and socialising; disseminates research findings through diverse educational programmes (IO14) and public discussions (Table 1\_ Dissemination). The Toolkit is transferable to other national contexts and is freely accessible at <https://oldguys.si/toolkit/> IO10-IO12: Open Educational Resources (OER) web portal has been specified and developed. It gives international access to freely accessible and openly licensed documents and media produced by the project, now used for various intentions, including promotional, educational, cultural and policy-making learning material in five languages at <https://oer.oldguys.si/> 1. IO13-IO18 are freely accessible at <https://oldguys.si/outputs/>; <https://oer.oldguys.si/> and <https://learn.oldguys.si/> IO13: Reviews of in-depth recommendations prepared for each partner country. IO14-IO, IO18: BLT conducted, OER web portal tested – evaluation integrated into the final integration report of the project. IO17: Scientific articles published and disseminated.



<b>Output Identification</b>	<b>O1</b>
<b>Output title</b>	Methodology with corresponding tools
<b>Description of the intellectual output</b>	<p>In October 2016, the process of development of the methodology for ethnomethodological research in selected communities and methodological tools started. We have developed three types of research instruments which corresponded to all 4 different national contexts (Slovenia, Poland, Estonia, and Portugal) and are transferable to other EU contexts: 1. Basic (general) interview questionnaire for men aged 60 years or more (not active in any community association) for examining their learning needs, motives and demands that consisted of 27 opened questions with last two deepening the obstacles and problems for their inactivity in the community); 2. Basic interview questionnaire for men aged 60 years or more (for older men who are active members of any voluntary association) which consisted of altogether 40 opened questions with 3–10 sub-questions; 3. A script for participants in focus group (FG) (local community authorities, including the mayor; members/presidents of NGOs, initiatives, movements, clubs, etc.) – for research on existing learning practices and available learning possibilities within communities. The FG script consisted of 4 types of open topics (with 6–10 sub-questions) relating to community well-being; older adults, possibilities for older adults and possible innovations for greater participation, health and well-being of older adults, particularly men in later life. Developing the questionnaires was based on in-depth study of literature, research and findings of older men's needs and problems in other countries, particularly in Australia and Europe, being aware of different needs of older adults according to gender. After preparing the first drafts, all partners were involved in consultation, discussions and evaluation of instruments. In each country we tested the interview questions and then made revisions according to the results. The final versions, ready for testing and additional minor changes, were prepared on 18/1/2017. All partners started the research procedure independently. Qualitative research methods and instruments opened gendered perspectives in later life in the researched countries and connected relevant stakeholders in the field of adult education and broader civic society. It's the first such large-scale research instrument prepared in Europe (besides in-depth research conducted in Australia and Ireland) that will serve for further work on the inclusion of people in later life. Instruments are freely accessible (<a href="https://oldguys.si/methodology/">https://oldguys.si/methodology/</a>) to any institution or initiative working on similar approaches and are available in five languages. The efficiency and transferability of the instruments has already been proved particularly by students who used them to make their seminar paper (particularly in Slovenia and Poland) or Master's and PhD thesis (particularly in Estonia) as well as other researchers and scholars in partner counties and internationally (particular interest in our results shown by Australian researchers following our work and reading our scientific articles freely available at the ResearchGate; on our project webpage, etc.). The research instrument has been disseminated through international conferences, presentations, lectures and public discussions. In Slovenia researchers</p>

	<p>also collaborated with the European researchers' night 2019 (with the title HUMANITIES ROCK!) where the researchers' role in conducting and realising the research instrument was also presented in detail to high school students and youngsters. On the basis of a face-to-face questionnaire, researchers, Bachelor's and Master's students performed field research. To conduct the research properly, project teams from higher education institutions in all the selected countries engaged students from educational study programmes (education or adult education) to participate in the field research. Sessions and intensive training with pilot interview performances were prepared and realised. The sessions in Slovenia were held on 18/1/2017 at the Faculty of Arts, University of Ljubljana; two other sessions on 22/2 and 15/3/2017 with 18 students. In Estonia researchers attracted even more students to help them in southern Estonian and eastern Estonian cities and villages. The Polish team worked with 12 students from the University of Wrocław and the Collegium Da Vinci from Poznań in the towns of Żuki, Wleń, Sobótka, Bogatynia, Turek and Wrocław, while 7 students transcribed the interviews. Although Portuguese partners did their best to attract students to demanding fieldwork (the greatest number of interviewees faced severe poverty and/or isolation, often combined with other problems such as homelessness, mental health, etc.) and prepared sessions explaining the project in several master study programmes to (including Lisbon), they got only one Master's student to collaborate on the project terrain.</p>
<b>Output Identification</b>	<b>O2</b>
<b>Output title</b>	Conducted survey of learning needs/motives 60+
<b>Description of the intellectual output</b>	<p>On the basis of a face-to-face questionnaire researchers, Bachelor's and Master's students performed field research. The envisaged sample size was 100 older men aged 60 years or more in each country and 3–4 focus groups (FGs) in each country. Research took place in different municipalities in each researched country and corresponded to all 4 different national contexts. Data for the interviews were mostly gathered at the seniors' home, since researchers predicted that interviewees need a "safe" and friendly environment, while FGs were performed in public spaces (mostly in the municipality buildings, at public institutes or at NGOs). Partners selected different municipalities according to a set of indicators (economic, wellbeing, poverty, urban/rural, etc.) to get a clearer picture of different needs in distinct environments. Altogether partners conducted more than 415 interviews (planned 400), but during the analysis process some interviews had to be eliminated for different reasons (dementia, incomplete interview, etc). Thus, in the analyses 387 interviews were used (100 from Estonia; 99 from Poland; 98 from Slovenia and 90 from Portugal). After saturation was identified in all partner countries, researchers decided to stop the research-phase as advised by the scientific literature. Three FGs were carried out in Slovenia, 2 in Ljubljana-Bežigrad (24/2/2017 in the community building of Ljubljana-Bežigrad, Vojkova ulica 1b; and 7/3/2017 at the Daily Activity Centre on Puhova 6) and one in Ajdovščina (17/3/2019 Ljudska univerza Ajdovščina, Stritarjeva ulica 1a). From the 22 participants</p>

	<p>included in the FGs carried out in Slovenia, 5 were representatives of municipality, city, and town institutions, 6 were representatives of public institutions, and 11 were representatives of non-governmental organisations or civil society. Besides, an extra FG was organised to share the findings with 25 participants, mostly adult educators (28/9/2018 at the Daily Activity Centre on Puhova 6). Two FGs were carried out in Faro (Portugal) on 20–21/7/2017 (University of Algarve, Gambelas Campus, room 1.41 of the Faculty of Human and Social Sciences) and included participants from the cities of Faro and Olhão – 4 representatives of the municipality and 12 participants from civil society organisations. The third FG occurred in the city of São Brás, in the In Loco association building, on 28/7/2017 with 9 participants (2 authorities/7 civil society). An extra FG was organised to present and discuss the Portuguese project results with the participants (10/9/2018 Gambelas Campus, room 1.41) with 2 participants from local power bodies and 6 from civil society organisations. Altogether 23 participants attended FGs in Portugal. FGs in Estonia were carried out in Jõhvi (27/9/2017), in the Elderly Day Centre (Kaare 3, Jõhvi town, Ida-Viru county) and in Võru (28/9/2017) in the Võru Pensioner's Day Centre (Lembitu 2, Võru town, Võru county). From the 20 participants, 7 were representatives of municipality, city, and town institutions, 8 were representatives of public institutions, and 5 were representatives of non-governmental organisations or civil society. Two roundtables were also carried out (05/9/2017) in Võru, in the Võru Pensioner's Day Centre (Lembitu 2, Võru town) with 25 participants (5 representatives of four different municipalities, city, and town institutions, including the mayor and vice-mayor of Võru town), 10 were representatives of public institutions, and 10 were representatives of NGOs and seniors. Two FGs were carried out in Poland (16–17/9/2017 in Recz and 10/9/2017 in Jędrzejów) with 12 participants from public institutions and civil society representatives. Besides these, various workshops and discussions were organised (see Table1_Dissemination).</p>
<b>Output Identification</b>	<b>O3</b>
<b>Output title</b>	Collection of good practices
<b>Description of the intellectual output</b>	<p>A standardised paper describing existing learning practices and learning possibilities available within communities with indicators relevant for the research, theoretical backgrounds and relevant literature were prepared in each partner country. The collection examined existing data on previously examined community practices of older people. Altogether more than 40 good practices were described in the first year of the project and are freely accessible at <a href="https://oldguys.si/good-practices/">https://oldguys.si/good-practices/</a> (called raw data); while 19 examples of good practices were also prepared for the Toolkit (IO9) and Blended Learning Training (IO8, IO14) with questions and instructions for further work/exploration of the participants in five languages. Good practices were also an important element for other intellectual outputs, particularly IO4; IO5; IO6; IO11 and IO17. During the project duration we revealed many new good practices that we are describing and analysing in our current scientific works and will be further added to the OER-based portal. The good</p>

	<p>practice database can serve EU and other researchers and students for further work on the topic of greater participation of men in later life and their well-being. It is an important source of information particularly for NGOs and civil society that took part of our Blended Learning Training, since they showed most interest in the good practices. Some of the practices described have already been transferred to our local contexts such as new Men's Shed initiatives in Slovenia, Estonia and Poland, etc. BLT incorporated to the new initiative for the Third Age University in Vrhnika (Slovenia). We exceeded our work plan: more good practices produced; greater effect on our stakeholders than planned, particularly among adult educators and Blended Learning Training participants. Good practices also gained greater media attention than planned: it turned out that "challenging and difficult topics" such as isolation and (self)marginalisation of older men can be better presented to the wider public through already existing practices and doings.</p>
<b>Output Identification</b>	<b>O4</b>
<b>Output title</b>	Integrated report
<b>Description of the intellectual output</b>	<p>Report integrating data gathered with analyses: quantitative data, qualitative data (semi-structured interviews and FGs) and good practices. Analyses results were the basis for roundtables, preparation of recommendations for local community members; Toolkit, OER-based portal, publications, etc. To analyse the interviews each partner chose the most appropriate qualitative content analysis and coding methods for its context and realities revealed on the research field. In Slovenia the method of open coding and selective/focused coding (Glaser, 1978; 1992) was used. In Poland, besides Glaser (1992), Schütze (2012) and Rosenthal (1993) were also used. Qualitative content analysis of Schreir (2012) was used in Portugal, while in Estonia Franzosi (2008). During the coding process and first results partners discussed findings, and compared and searched for similarities as well as differences. Due to diverse national and local contexts, educational and historical background, rich and diverse participants' life histories, etc., partners gained very scattered results which were very difficult to compare. Because of such a diverse research field and heterogeneous research data, we faced many difficulties finding coherent content analysis and results, applicable for different communities (regions or country) presented in recommendation letters for local NGOs and local authorities in the researched countries (IO5, IO6), which became clear at the Faro project meeting, when partners discussed the Integrated Report (IO4). However, during the one-year process each partner had many discussions with relevant stakeholders (civic society, local and national authorities, etc.) as well and finally common reflections brought us to common results, also applicable to other countries (see particularly IO4, IO7, IO9, IO11, IO17). The Integrated Report was prepared in five languages and is freely accessible at <a href="https://oldguys.si/integrated-report/">https://oldguys.si/integrated-report/</a>.</p>
<b>Output Identification</b>	<b>O5</b>

<b>Output title</b>	In-depth recommendations for local community authorities
<b>Description of the intellectual output</b>	In-depth recommendations for local community authorities were prepared for each research country in English and in the national language. In-depth recommendations are based on IO1–IO4 and analyses of all gathered data. Freely accessible at <a href="https://oldguys.si/recommendation-letters/">https://oldguys.si/recommendation-letters/</a> Recommendations were sent and distributed among national and local authorities, stakeholders of adult education and quality of life on various occasions (the first after the State of the Art was conducted (at the end of 2017 or beginning of 2018); the later one with the info about the conferences/roundtables and other dissemination activities performed by each partner), as presented in the attached Table1_Dissemination. Recommendations are country-specific. In Slovenia special attention was given to community authorities before the final conference (from February to May 2019) with several personal invitations letter (via e-mail) to all relevant policy makers and with all listed project achievements (including webpages, BLT and OER-based portal) and corresponding links and information.
<b>Output Identification</b>	<b>O6</b>
<b>Output title</b>	In-depth recommendations for local community organisations
<b>Description of the intellectual output</b>	In-depth recommendations for local community organisations were prepared for each research country in English and in the national language. In-depth recommendations are based on IO1–IO4 and analyses of all gathered data. Freely accessible at <a href="https://oldguys.si/recommendation-letters/">https://oldguys.si/recommendation-letters/</a> Recommendations were sent, distributed, presented and discussed among various stakeholders of adult education and quality of life on various occasions (the first after the State of the Art was conducted; later on with the info about the conferences/roundtables and other dissemination activities performed by each partner), as presented in the attached Table1_Dissemination. Recommendations are country-specific. With the Toolkit (IO9), Blended Learning Training programme (Moodle course), and OER-based portal, community workers and NGO stakeholders gain international access to openly licensed documents, curricula and media produced by the project team. In Slovenia special attention was given to community organisations before the final conference (from February to May 2019) with several personal invitations (e-mail and personal encounters) to all relevant stakeholders with all listed project achievements (including webpages, BLT and OER-based portal) and corresponding links and information.
<b>Output Identification</b>	<b>O7</b>
<b>Output title</b>	Developed Blended Learning Training programme for community workers
<b>Description of the intellectual output</b>	The Blended Learning Training programme (Moodle course) for community workers was prepared in 5 languages; freely accessible on <a href="https://learn.oldguys.si/">https://learn.oldguys.si/</a> and transferable to other national contexts. It is also freely accessible as a PDF document for those in the field of adult

	<p>education with less ICT competences (serious problem for the vast majority of programme providers in the researched countries). The online course consists of four modules that introduce participants to the topic of older men's learning and the importance of their social participation. Each module corresponds to one week with a workload for participants of approximately 5 hours per week. The online course, therefore, has a total workload of 20 hours for participants. These hours consider not just reading the information contained in the modules and watching the videos, but also the complementary reading, carrying out the assessment activities, completing quizzes, and participating in the forums. Course content is structured into 4 modules linked to the themes of the project's "Toolkit" (IO9). Courses are freely accessible at <a href="https://learn.oldguys.si/">https://learn.oldguys.si/</a> and can be transferable to the wider EU context.</p> <p>We must add that although our partnership planned to deliver pilot BLT pin English in all partner's countries and later upgrade it and translate to national languages, we soon realised that our participants had poor language skills, and pilot training had to be performed in national languages. That means that we had to coordinate changes and adjustments in four different languages, what made the process much more complex and demanding. However, 43 participants went through the BLT programme and according to our plans and activities, BLT will continue in all partners countries.</p> <p>Although the BLT webpage has only been running for 10 months, the visit statistics (on 30/9/2019) for the project's e-learning courses (BLT webpage – <a href="https://learn.oldguys.si/">https://learn.oldguys.si/</a>) count 3,038 of all visitors; 2541 guest visitors, 350 participants and 110 teachers.</p>
<b>Output Identification</b>	<b>O8</b>
<b>Output title</b>	Instructions for implementation of Blended Training for community workers
<b>Description of the intellectual output</b>	Instructions for educational curricula are freely accessible at <a href="https://oldguys.si/blended-learning-course/">https://oldguys.si/blended-learning-course/</a> As a framework for evaluating learning programme results, we recommended the use of the Kirkpatrick model (1994), which is also widely used to evaluate online learning programs and consists of four levels/steps of evaluation: reaction, learning, behaviour, and results.
<b>Output Identification</b>	<b>O9</b>
<b>Output title</b>	A toolkit to implement findings from in-depth recommendations
<b>Description of the intellectual output</b>	The Toolkit introduces community worker and NGO stakeholder strategies for how to improve the participation of men aged 60 years or more in the local community and, in particular, how to encourage older men's socialisation, informal learning and inclusion in organisations dealing with adult education, learning, cooperation, interaction, etc. in later life. Therefore, it suggests how to develop bottom-up strategies for community activities targeting older men, and directions for networking

	<p>community organisations. Besides this, it raises public awareness of the social isolation of men aged 60 years or more; builds the capacity of national and local institutions/organisations to address (self)marginalisation and poor health of older men, through social innovations and alternative approaches fostering community learning, doing and socialising; disseminates research findings through diverse educational programmes and public discussions (with all generations, with NGO representatives and other stakeholders in civic society, adult education and policies) to better cope with the demanding issue of social isolation. The Toolkit is composed of four modules that improve the knowledge, attitudes, skills and practices of the participants towards fostering social policies for the engagement of older men in learning (male-focused community-based programme, intergenerational learning, etc.) as well as to improve their well-being (social capital, emotional capital, mental health, cognitive ageing, silver productivity, etc.). Each section contains: a) a background narrative supported by the state of the art in the subject area; b) three selected sub-topics (issues) for the considered subject area, each containing referential scientific articles; c) selected examples of good practice on the discussed topic; d) and suggestions for further research on the discussed topic (suggested webpages, projects, videos, charters, article from Old Guys project, etc., with questions and discussions); e) Table with identified needs, problems, limitations and proposed strategies, practices and methods, which stands as a concise summary of project findings and recommendations. The Toolkit can be used as stand-alone material, but the topics from this document are also used as the web-based materials included in the Old Guys Moodle course ("Fostering inclusion of older men"). The Toolkit is transferable to other national contexts as it is prepared for all countries involved. It is freely accessible at <a href="https://oldguys.si/toolkit/">https://oldguys.si/toolkit/</a> in five languages.</p>
<b>Output Identification</b>	<b>O10</b>
<b>Output title</b>	Specifications of OER-based web portal
<b>Description of the intellectual output</b>	<p>Open Educational Resources (OER) have been developed to offer freely accessible media for learning or leisure community purposes - freely accessible and transferable to other EU contexts - in five languages at <a href="https://oer.oldguys.si/">https://oer.oldguys.si/</a></p> <p>OER web portal runs on a modified version of WordPress with many enabled plugins. In this document we specify technical recommendations for running a site with OER materials.</p> <p>Technical specifications</p> <p>1. PHP version 7.3 or greater PHP (Hypertext Preprocessor) is a general-purpose programming language originally designed for web development, but also used as a general-purpose programming language.2. MySQL version 5.6 or greater OR MariaDB SQL version 10.1 or greaterMySQL and MariaDB are an open-source relational database management systems (RDBMS)based on Structured Query Language (SQL). MySQL is multi</p>

	<p>platform and runs on many platforms, including Linux, UNIX and Windows. Although it can be used in a wide range of applications, MySQL is most often associated with web applications and online publishing.<sup>3</sup> HTTPS support Since 2017 WordPress require hosts to have HTTPS (Hypertext Transport Protocol Secure) available. HTTPS is a variant of the standard web transfer protocol (HTTP) that adds a layer of security on the data in transit through a secure socket layer (SSL) or transport layer security (TLS) protocol connection.<sup>4</sup> WordPress 5.2 or greater WordPress is versatile CMS environment that enables many modifications and extensions. Our OER installation setup also uses the following plugins: “Advanced Gutenberg” (<a href="https://wordpress.org/plugins/advanced-gutenberg/">wordpress.org/plugins/advanced-gutenberg/</a>), “Widgets on Pages” (<a href="https://wordpress.org/plugins/widgets-on-pages/">wordpress.org/plugins/widgets-on-pages/</a>), “TablePress” (<a href="https://wordpress.org/plugins/tablepress/">wordpress.org/plugins/tablepress/</a>), “WP OER” (<a href="https://wordpress.org/plugins/wp-oer/">wordpress.org/plugins/wp-oer/</a>). Specifications for the OER Web Portal <a href="https://oer.oldguys.si/">https://oer.oldguys.si/</a> (Old Guys Say Yes to Community – O10).</p>
<b>Output Identification</b>	<b>O11</b>
<b>Output title</b>	OER-based web portal developed and activated
<b>Description of the intellectual output</b>	Open Educational Resources (OER) have been developed to offer freely accessible media for learning or leisure community purposes; available in five languages at <a href="https://oer.oldguys.si/">https://oer.oldguys.si/</a> It gives international access to freely accessible, and openly licensed documents and media. These resources are now used for various intentions, including promotional, educational, cultural and policy-making learning material.
<b>Output Identification</b>	<b>O12</b>
<b>Output title</b>	Selected, adapted and uploaded educational materials for the OER web portal
<b>Description of the intellectual output</b>	Selected and uploaded materials on the Open Educational Resources (OER) portal in five languages ( <a href="https://oer.oldguys.si/">https://oer.oldguys.si/</a> ), freely accessible and transferable to other EU contexts.
<b>Output Identification</b>	<b>O13</b>
<b>Output title</b>	Reviews of in-depth recommendations from external experts
<b>Description of the intellectual output</b>	External project reviews were prepared by the experts in all researched countries and are freely accessible at <a href="https://oldguys.si/external-project-review/Reviews">https://oldguys.si/external-project-review/Reviews</a> Experts summarised positive results from the partnership and critically observed the political barriers to improve the situation of men aged 60 years or more in the researched countries. Ilona Zakowicz, Spokesperson for Seniors and Carers (Wrocław Centre for Social Development) prepared a review of IO5–IO6 for Poland. Prof. dr. Zoran Jelenc, an important scholar of adult education in Slovenia, currently retired but active in many associations, prepared a review of Slovenian recommendations (IO5 and IO6). He also edited many books, wrote



	important articles and chapters as well as first adult education dictionary/terminology; the Estonian review of recommendations that highlighted two regions (Eastern and Southern Estonia) was prepared by Anu Harjo from the Estonian Education Centre (Chairman of the evaluation committee for adult educators). Prof. Alberto Melo, currently retired but President of the Association APCEC (Portuguese Association for Culture and Permanent Education) is one of the most important persons of Portuguese Adult Education, prepared a review of Portugal recommendations (IO5, IO6). Prof. Melo participated in all the important phases of adult education and created an important civic association devoted to community education and community development. He was honored in Belgrade and become a part of the Hall of Fame for Adult Education. He is author of many books, articles and book chapters.
<b>Output Identification</b>	<b>O14</b>
<b>Output title</b>	Conducted pilot Blended Learning Training for educators and community workers
<b>Description of the intellectual output</b>	<p>A four-week pilot Blended Learning Training course for educators and community organisations interested in facilitating and stimulating “bottom-up” community activities for older men has been delivered. In Slovenia 20 community workers attended BLT between 15/3 and 12/4/2019. These were mostly representatives from public institutions, NGOs, librarians and one student (most of them came from adult education centres – from Radovljica, Ajdovščina, Kranj; Slovenian Institute for Adult Education, Third Age Universities (Izola, Sevnica, Ilirska Bistrica, Trebnje, etc.), Posoški razvojni center, Združenje veteranov voljne za Slovenijo, ZIK Črnomelj, CDI univerzum, etc.). In Estonia 14 participants attended intensive an BLT programme between 17/6 and 1/7/2019 where 4 participants from Tartu participated via Skype (participants came from the following organisations: Estonian Women's Studies and Resource Centre (ENUT), EV Training NGO, EV Development NGO, Estonian Association of Business and Professional Women, The University of Third Age in Tallinn, students at Tartu University and Tallinn University, Keila Older People’s Day Centre, NGO Puruvanakesed (80+), NGO 65B, Rakvere Regional College).</p> <p>In Poland 9 participants attended intensive BLT programme between 5/9 and 1/10/2019. Most of them were representatives from public institutions (teachers, educators and trainers) besides one senior from Brzeg and students from Wrocław University.</p> <p>BLT planned in Faro between 24/9 and 22/10/2019 could not be realised for various reasons. Partners will performer BLT in October and November 2019 with special attention to the specific situation in their regional contexts (poverty, loneliness, exclusion, etc.).</p> <p>Altogether 43 participants attended BLT programme until now (more than panned) and partnership estimate, that further BLT will be organised according to the responses and needs expressed in our local/regional environments.</p>

	As already pointed out under IO7: although the BLT webpage has only been running for 10 months, the visit statistics (on 30/9/2019) for the project's e-learning courses (BLT webpage – <a href="https://learn.oldguys.si/">https://learn.oldguys.si/</a> ) count 3,038 of all visitors; 2541 guest visitors, 350 participants and 110 teachers, what shows, that the range of our work is much higher than predicted by all partners.
<b>Output Identification</b>	<b>O15</b>
<b>Output title</b>	Report from OER web portal test (tested by community workers, project partners and others internet users)
<b>Description of the intellectual output</b>	<p>The OER web portal was tested by project partners at the final project meeting in Ljubljana (9/5/2019). Feedback and evaluation of the OER web portal was also collected at the final conference (11/5/2019 in Ljubljana) by the reviews of international scholars that participated as discussants at the afternoon roundtable, moderated by prof. dr. Bernhard Schmidt-Hertha. Partners also collected feedback from community workers during the BLT programme (at the final evaluation meeting in Slovenia, Estonia and Poland) and in various conversations and collaborations with different NGOs. Due to late realisation of BLT in Portugal, feedback from their participants will be integrated into the BLT and OER portal (if needed). The partnership believes that all evaluations results gathered so far gave us a very clear picture and that there no further bigger changes will be needed. If minor improvements prove necessary, we will adjust the portal. However, the OER-based portal is a developing process which will grow with new projects and partners fostering themes and issues connected with later life.</p> <p>Usability, accessibility and functionally of the OER web portal: in general, discussants positively assessed OER web portal, but several suggestions regarding future development of this portal were given.</p> <p>Report from the OER test is freely accessible on <a href="https://oldguys.si/wp-content/uploads/2019/10/Report-from-test-of-OER-web-portal.pdf">https://oldguys.si/wp-content/uploads/2019/10/Report-from-test-of-OER-web-portal.pdf</a></p>
<b>Output Identification</b>	<b>O16</b>
<b>Output title</b>	Report from the pilot execution of Blended Learning Training (tested by pilot participants from local community)
<b>Description of the intellectual output</b>	<p>This document represent an evaluation report from the blended learning course that was developed in the context of Old Guys Say Yes to Community (Erasmus+) project. This blended learning course was intended for representatives of local communities, civil society, educators and all others who are interested in the topic of men aged 60 years or more..</p> <p>Online learning course is designed and offered in a Moodle LMS platform on the project domain (<a href="https://learn.oldguys.si/">learn.oldguys.si</a>), but the whole Moodle package is available as a free download on the Old Guys OER portal (<a href="https://oer.oldguys.si/">https://oer.oldguys.si/</a>). Online learning course is free to use and is licenced with Creative Commons license CC BY-NC, that allows others</p>

	<p>to redistribute, edit and build upon the content, but not commercially (the original authors must be credited). The aim of this online course is to introduce community workers' and NGO stakeholders' strategies for how to improve the participation of older men (aged 60 years or more) in the local community and how to encourage older men's socialisation, informal learning and inclusion in organisations which are not primarily meant for education and learning in the third and fourth life stages. Therefore, this course suggests how to develop bottom-up strategies for community activities targeting older men, and direction for networking community organisations. We can conclude with the realisation that, according to most of the participants, the online course was well prepared. Both the survey and the group interview indicated the satisfaction of the participants – in terms of the technical and the content of the course preparation. The evaluation showed that participants in all three countries where the pilot was implemented missed / recommended mainly three things: (1) more practical examples to reflect the situation in each country, i.e. as much material as possible related to the country of origin of the participant; (2) greater interactivity in terms of the preparation of new multimedia materials, videos, etc.; (3) greater opportunity for participant activity – sharing experiences, discussion among participants, etc. We agree with these findings and take them as challenges that the authors of the materials in the online course will have to face in the future implementation and updates of the online classroom</p>
<b>Output Identification</b>	<b>O17</b>
<b>Output title</b>	Scientific articles
<b>Description of the intellectual output</b>	<p>Project team edited special issue of "Studies in Adult Education and Learning" journal (SAEL), Eds.: Krašovec, S. J., Fragoso, A., &amp; Gregorčič, M. (2019). Old Guys Say Yes to Community. SAEL, 25(2), 3–18. In SAEL five scientific articles have been published and most important findings from the project emphasised. Articles are freely accessible on project's webpage (<a href="https://oldguys.si/publications/">https://oldguys.si/publications/</a>) as well as Journal webpage (<a href="https://revije.ff.uni-lj.si/AndragoskaSpoznanja">https://revije.ff.uni-lj.si/AndragoskaSpoznanja</a>). Publication has been freely distributed among participants of the final project conference in Ljubljana and to the foreign participants of ELOA conference in Ljubljana: 1) Gregorčič, M. (2019). Bottom-up Strategies for Community Engagement and Informal Learning: Targeting Men Aged 60 Years or More. SAEL, 25(2), 19–35. 2) Valadas, S. T., Vilhena, C., &amp; Fragoso, A. (2019). Transitions to Retirement: Perceptions of Portuguese Older Men, SAEL, 25(2), 37–51. 3) Malec-Rawiński, M. (2019). Older Men's Biographical Learning and Masculinity. SAEL, 25(2), 53–66. 4) Tambaum, T., Tuul, F., &amp; Sirotkina, R. (2019). What Is Missing – Older Male Learners or a Community Strategy, SAEL, 25(2), 67–79. 5) Gregorčič, M., &amp; Cizelj, K. (2019). Men's Gender Capital Experiences in Later Life. SAEL, 25(2), 81–101. Other scientific articles have been published, as well as MA thesis, chapters in special publications, etc. in the scientific journals or elsewhere: 6) Petti, Jaanika (2017). Older Men Experiences in Living in the Community - Based on a Project "Old Guys Say Yes to Community" the First Results of the Research Study. Bachelor</p>

	<p>Thesis. Tallinn University, School of Governance, Law and Social Sciences. 7) Õispuu, Triinu (2018). Elderly Men in Informal Study Based on an Example of the Estonian Road Museum. Master Thesis. Tallinn University, School of Educational Sciences. 8) Metsmägin, Margit (2018). Estonian senior men's experiences in spending free time in a community. Master Thesis. Tartu University, Institute of Social Sciences. 9) Lupanova, Olga (2018). "But Where to Participate?": Experiences of Social Participation among Men Who Are Older Than 60. Master Thesis. Tallinn University, School of Governance, Law and Social Sciences. 10) Petti, Jaanika (2019). Narratives of Friendship among Old-Aged Men. Master Thesis. Tallinn: Tallinn University. Institute of Governance, Law and Social Studies. 11) Gregorčič, M. (2017). Participacija starejših odraslih v praksah skupnosti in v skupnosti prakse. (Participation of older adults in community and in communities of practice). <i>Studies in Adult Education and Learning</i>, 23(3), 35–53. 12) Gregorčič, M. (2019). The pluralisation of transitions to the after-working life phase: the perceptions of socio-cultural animators in Slovenia. In: ERMENC, Klara S. (ed.), MIKULEC, Borut (ed.). <i>Building inclusive communities through education and learning</i>. Newcastle upon Tyne: Cambridge Scholars, pp. 15-38. 13) Tambaum, T. &amp; Pettai, I. (2019). Kellele Eestis on vaja vanemaealisi mehi? Riigikogu Toimetised, 39, 151–162. (Tambaum, T. &amp; Pettai, I. (2019). Who Needs Elderly Men in Estonia? The socio-political journal of the Estonian Parliament.) [2019, June 12]. <a href="https://rito.riigikogu.ee/nr-39/kellele-eestis-on-vaja-vanemaealisi-mehi/?fbclid=IwAR1meYXQlHiZFKtjCoo2fT3xZVpt2w8vT2IZzXVM0GUZFsDFVN6pu51KUIM">https://rito.riigikogu.ee/nr-39/kellele-eestis-on-vaja-vanemaealisi-mehi/?fbclid=IwAR1meYXQlHiZFKtjCoo2fT3xZVpt2w8vT2IZzXVM0GUZFsDFVN6pu51KUIM</a></p> <p>Vilhena, C., Valadas, ST., &amp; Fragoso, A. (2019). Education matters: cumulative advantages and disadvantages amongst Portuguese older men. <i>RELA – Journal for Research in the Education and Learning of Adults</i>, accessible on <a href="https://www.rela.ep.liu.se/">https://www.rela.ep.liu.se/</a></p>
<b>Output Identification</b>	<b>O18</b>
<b>Output title</b>	Integration Report on implementing recommendations/feedback received from pilots/tests
<b>Description of the intellectual output</b>	Report on projects results implementations and feedback from evaluators and reviewers of project's IOs is freely accessible at <a href="https://oldguys.si/outputs/">https://oldguys.si/outputs/</a> under IO18 in English and consists most of the information about the whole realisation of the Old Guys Say Yes to Community project.

## 7 Multiplier Events

The final conference with at least 90 participants, 10–14 focus groups and 4 roundtables were the main multiplier events planned by the Old Guys project. The partnership exceeded that plan.

The final conference was held in Ljubljana on 11/5/2019 (Old Power Station, Slomškova ul. 18, 1000 Ljubljana) and presented most of the intellectual outputs realised during the project (2016–2019): Altogether 166 people attended the conference: 36 from abroad (34 from EU countries, 1 from the USA and 1 from Japan), around 80 adult educators and civic society representatives from Slovenia and 50 people from the partner organisations and media. Two policy makers opened the conference. The welcome speech was given by mag. Katja Dovžak, Head of the Higher Vocational and Adult Education Unit at the MESSR and Mateja Demšič, Head of the Department of Culture of the City Ljubljana. Dr M. Gregorčič prepared the introduction to the final conference of the project with the title of the presentation "Bottom-up strategies for community engagement and informal learning" addressing most of the IOs (particularly IO1, IO2, IO3, IO4, IO5, IO6, IO7, IO9, IO12 and IO17) with the emphasis on the Slovenian context; T. Tambaum & R. Sirotkina presented project results from Estonia under the title "Social isolation of elderly men and ways of overcoming it by involvement in community affairs in Estonia" addressing IOs connected with project results (particularly IO2, IO3, IO4, IO9, IO12 and IO17). A. Fragoso, C. Vilhena & S. T. Valadas presented Portuguese project results under the title "Cumulative advantages and disadvantages of Portuguese older men" addressing IOs connected with project results (particularly IO2, IO3, IO4, IO9, IO12 and IO17). M. Malec Rawinski, R. Ligus & A. Urbanek presented project results from Poland under the title "What do old guys say to community? Some ideas from the Polish perspective" addressing IOs connected with project results (particularly IO2, IO3, IO4, IO9, IO12 and IO17). Š. Močilnikar & M. Gregorčič presented project results from Slovenia titled "Men's gender capital experience in later life: Findings from Slovenian study with Old Guys" addressing IOs connected with project results (particularly IO2, IO3, IO4, IO9, IO12 and IO17). And finally, M. Radovan presented Blended Learning Training and the OER-based project platform under the title "ICT tools for further learning: OER-based portal & online learning course" addressing particularly IO7, IO8, IO9, IO10, IO11, IO12, IO14, IO15, IO16). The conference concluded with the roundtable titled "Concluding discussion on the Old Guys project findings and recommendations", moderated by B. Schmidt-Hertha (Germany) and with the discussants: M. Formosa (Malta), V. Kavčič (USA), A-K Boström (Sweden), A. Stanovnik Perčič (Slovenia) that also gave the conference a broader international dimension of the Old Guys research/scientific work. The conference was also enriched with cultural interventions performed by seniors from the Tine Rožanc Folkloric Dance Group (Slovenia); Estonian cultural dance group Seltskonnatanstuurühm "Päripidi"; Gymnastics Veterans of the Sports Association Sokol Bežigrad (Slovenia) and a theatre performance at the end of the conference: "SENIORS" (directors Tin Grabnar and Hana Vodeb) by Gledališče GLEJ (Slovenia). The conference programme (agenda) and photo album as well as videos with presenters and their presentations are available on <https://oldguys.si/conference/>; the main material distributed to the participants is also online (<https://revije.ff.uni-lj.si/AndragoskaSpoznanja>). The final conference was organised under the ESREA umbrella as the second day of the ELOA 10th Network Conference (<https://eloa2019.ff.uni-lj.si/>) which brought scholars from EU countries to the final conference as well as helping to disseminate projects results through the ELOA (ESREA) network.

Besides the final conference, at least 4 roundtables and 12 FGs were organised within the partnership. Each partner performed 21–44 important dissemination events (lectures, workshops, discussions, roundtables, conferences, presentations, etc. besides scientific articles and newsletters) in their home country and from 2–6 important events on the EU or international level (see Table1\_Dissemination).

<b>Event Identification</b>	<b>E1</b>
<b>Event Title</b>	Roundtables
<b>Description of the multiplier event</b>	<p>One roundtable with cca. 5 discussants and at least 30 participants was envisaged in each country (4 all together), in local community organisations or local educational institutions for adults. Dissemination events collected in the attached Table1_Dissemination prove that two roundtables were organised in Slovenia; one in Poland and Portugal, while ANDRAS (Ene Käpp) participated in 4 roundtables regarding ERASMUS+ projects and informed professionals about the Old Guys project and results (for example “Older men as a target group in the community adult education” in Brussels (19/9/2018), where national coordinators for the Implementation of the European Agenda for Adult Learning and national coordinators for adult learning of 19 European countries participated). Besides the final roundtable at the final conference (moderated by dr. Bernhard Schmidt-Hertha (Germany) in conversation with: dr. Marvin Formosa (Malta), dr. Voyko Kavcic (Vojko Kavčič) (USA), dr. Ann-Kristin Boström (Sweden), Ana Stanovnik Perčič (Slovenia)) we believe that roundtable in front of 220 adult educators from Slovenia (all main adult education stakeholders from the national institutions and civil society; main representatives from the Ministry of Education, Science and Sport (10), including the Minister himself), which was carried out within Slovenian Institute of Adult Education ANNUAL CONFERENCE (23/10/2018, Kongresni center Habakuk, Maribor) had the highest impact on the national level. The roundtable was moderated by Zvonka Pangerc Pahernik (SIAE), with participants: Marta Gregorčič; Ljubica Fišer (Folks university Ormož); Tomaž Hrastar (Ministry of Agriculture, Forestry and Food), Aleš Kenda, (Ministry of Labour, Family, Social Affairs and Equal Opportunities), and Brigita Kruder (People’s University Slovenska Bistrica).</p>
<b>Event Identification</b>	<b>E2</b>
<b>Event Title</b>	Final conference
<b>Description of the multiplier event</b>	<p>The final conference was held in Ljubljana on 11/5/2019 (Old Power Station, Slomškova ul. 18, 1000 Ljubljana) and presented most of the intellectual outputs realised during the project (2016–2019): Altogether 166 people attended the conference: 36 from abroad (34 from EU countries, 1 from the USA and 1 from Japan), around 80 adult educators and civic society representatives from Slovenia and 50 people from the partner organisations and media. Two policy makers opened the conference. The welcome speech was given by mag. Katja Dovžak, Head of the Higher Vocational and Adult Education Unit at the MESSR and Mateja Demšič, Head of the Department of Culture of the City Ljubljana. Dr. M. Gregorčič prepared the introduction to the final conference of the Old Guys Say Yes to Community project with the title of the presentation "Bottom-up strategies for community engagement and informal learning" addressing most of the IOs (particularly IO1, IO2, IO3, IO4, IO5, IO6, IO7, IO9, IO12 and IO17) with the emphasis on the Slovenian context; T.</p>

	<p>Tambaum &amp; R. Sirotkina presented project results from Estonia under the title "Social isolation of elderly men and ways of overcoming it by involvement in community affairs in Estonia" addressing IOs connected with project results (particularly IO2, IO3, IO4, IO9, IO12 and IO17). A. Fragoso, C. Vilhena &amp; S. T. Valadas presented Portuguese project results under the title "Cumulative advantages and disadvantages of Portuguese older men" addressing IOs connected with project results (particularly IO2, IO3, IO4, IO9, IO12 and IO17). M. Malec Rawinski, R. Ligus &amp; A. Urbanek presented project results from Poland under the title "What do old guys say to community? Some ideas from the Polish perspective" addressing IOs connected with project results (particularly IO2, IO3, IO4, IO9, IO12 and IO17). Š. Močilnikar &amp; M. Gregorčič presented project results from Slovenia titled "Men's gender capital experience in later life: Findings from Slovenian study with Old Guys" addressing IOs connected with project results (particularly IO2, IO3, IO4, IO9, IO12 and IO17). And finally, M. Radovan presented Blended Learning Training and the OER-based project platform under the title "ICT tools for further learning: OER-based portal &amp; online learning course" addressing particularly IO7, IO8, IO9, IO10, IO11, IO12, IO14, IO15, IO16). The conference concluded with the roundtable titled "Concluding discussion on the Old Guys project findings and recommendations", moderated by B. Schmidt-Hertha (Germany) and with the discussants: M. Formosa (Malta), V. Kavčič (USA), A-K Boström (Sweden), A. Stanovnik Perčič (Slovenia) that also gave the conference a broader international dimension of the Old Guys research/scientific work. The conference was also enriched with cultural interventions performed by seniors from the Tine Rožanc Folkloric Dance Group (Slovenia); Estonian cultural dance group Seltskonnatansturiühm "Päripidi"; Gymnastics Veterans of the Sports Association Sokol Bežigrad (Slovenia) and a theatre performance at the end of the conference: "SENIORS" (directors Tin Grabnar and Hana Vodeb) by Gledališče GLEJ (Slovenia). The conference programme (agenda) and photo album as well as videos with presenters and their presentations are available on <a href="https://oldguys.si/conference/">https://oldguys.si/conference/</a>; the main material distributed to the participants is also online (<a href="https://revije.ff.uni-lj.si/AndragoskaSpoznanja">https://revije.ff.uni-lj.si/AndragoskaSpoznanja</a>). The final conference was organised under the ESREA umbrella as the second day of the ELOA 10th Network Conference (<a href="https://eloa2019.ff.uni-lj.si/">https://eloa2019.ff.uni-lj.si/</a>) which brought scholars from EU countries to the final conference as well as helping to disseminate projects results through the ELOA (ESREA) network.</p>
<b>Event Identification</b>	<b>E3</b>
<b>Event Title</b>	Focus groups
<b>Description of the multiplier event</b>	<p>Focus groups were held in local communities of each participating country: Three FGs were carried out in Slovenia, 2 in Ljubljana-Bežigrad (24/2/2017 in the community building of Ljubljana-Bežigrad, Vojkova ulica 1b; and 7//2017 realised at the Daily Activity Centre on Puhova 6) and one in Ajdovščina (17/3/2019 Ljudska univerza Ajdovščina, Stritarjeva ulica 1a). From the 22 participants included in the FGs carried out in Slovenia, 5 were representatives of municipality, city, and town</p>



	<p>institutions, 6 were representatives of public institutions, and 11 were representatives of non-governmental organisations or civil society. Two FGs were carried out in Faro (Portugal) on 20–21/7/2017 (in the University of Algarve, Gambelas Campus, room 1.41 of the Faculty of Human and Social Sciences and included participants from the cities of Faro and Olhão – 4 representatives of the municipality and 12 participants from civil society organisations. The third FG occurred in the city of São Brás, in the In Loco association building, on 28/7/2017 with 9 participants (2 authorities/7 civil society). An extra FG was organised to present and discuss the Portuguese project results with the participants (10/9/2018 Gambelas Campus, room 1.41) with 2 participants from local power bodies and 6 from civil society organisations. Altogether 23 participants attended FGs in Portugal. FGs in Estonia were carried out in Jõhvi (27/9/2017), in the Elderly Day Centre (Kaare 3, Jõhvi town, Ida-Viru county) and in Võru (28/9/2017) in the Võru Pensioner's Day Centre (Lembitu 2, Võru town, Võru county). From the 20 participants 7 were representatives of municipality, city, and town institutions, 8 were representatives of public institutions, and 5 were representatives of non-governmental organisations or civil society. Two roundtables were carried out (05/9/2017) in Võru, in the Võru Pensioner's Day Centre (Lembitu 2, Võru town) with 25 participants (5 representatives of four different municipalities, city, and town institutions, including the mayor and vice-mayor of Võru town), 10 were representatives of public institutions, and 10 were representative of NGOs and seniors. Two FGs were carried out in Poland (16–17/8/2017 in Recz and 10/9/2017 in Jędrzejów) with 12 participants from public institutions and civil society representatives. Besides these, various workshops and discussions were organised (see Table1_Dissemination).</p>
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## 8 Impact

Considering that men aged 60 years or more were participants in the project as informants, the fact they give us biographical accounts matters. In their daily lives, people have limited opportunities to talk about their own biographies. In an interview situation, the researchers stress that anonymity and confidentiality is guaranteed and this creates a setting where men feel secure. To tell stories about one's life also means having the opportunity to reflect before the episodes and stories that compose our biographies—even if we are sometimes talking about traumatic events or the fact that hope for a better life is far away. Interviewing, thus, is an important event that, in a very modest scale, helped men aged 60-plus to build new meanings about their lives. The partnership interviewed 415 older men. In some of the countries of the partnership, men aged 60 years or more gained the awareness that their situation depends on structural factors and themselves, as people and individuals, and they are not responsible or fully responsible for the situations they live in. Some older men also got the chance to participate in important events and to become more participative in their communities (also through the activities of our project). This increasing capacity of participating in educational activities in the community is key in the long run and has benefits in terms of health and well-being. Besides, people need a first positive experience to continue with different paths and we believe our project did important work in this regard. Summarising, there were important

impacts on the lives of men aged 60 and more, their families and partners. In addition, some already active men (particularly sociocultural animators, representatives of senior's associations, etc.) have redefined the importance of active ageing and become conscious about their role in persuading friends, relatives and other older men of the benefits of active ageing and the importance of learning in later life. Many of them offered their personal help to carry the project further.

As already emphasised throughout the Final Report, this project had a considerable impact on the students who participated in the field research (400 students informed about the project; 70 students trained for the field work). Although this number was lower in Portugal, a significant number of students (58 students) in the remaining three countries were involved in conducting interviews, transcriptions, helping in the interpretation process, contact with civil society organisations, and helping to organise the focus groups debates. This means they had the opportunity to build important research competences that will be key in their training as junior researchers; some of them graduated on the Old Guys topic or contributed scientific articles. Their interest in andragogy and working with the older people has also increased tremendously (particularly in Slovenia) since it was the first professional experience for most of them to collaborate on terrain work and to be directly involved in the research project.

This project had a considerable impact on the project partners as well, particularly with informal learning taking place during the international project meetings and international conferences, and with the content-related activities they organised. Besides this, partners improved their knowledge about ERASMUS+ projects and empowered each other on various levels (from terrain research to the interpretation process; e-learning, dissemination activities, etc.).

Last but not least, the partnership significantly increased awareness of the marginalisation, exclusion, ageism and discrimination of older adults (particularly men) within their institutions (Faculties, Universities and NGOs), since most of the employees of various Faculties had not perceived the exclusion of older men in particular as a problem deserving scientific attention. Therefore, we can claim that the Old Guys project was emancipatory in the sense that it was able to address a problem not perceived as relevant by colleagues and other researchers in the field of adult education, pedagogy, social work, sociology and geragogy.

We estimated that our partnership mobilised at least 80 diverse local community organisations (from Third Age Universities, Peoples' Folks Universities, Daily Activity Centres), specific NGOs and associations dealing with activities not primarily connected with education and learning (fisherman's clubs, war veterans, dance groups, etc.) and public institutions (in the field of well-being, quality of life, education of older adults, informal learning, etc.). The partnership increased the visibility and awareness of the importance of non-formal and informal community learning in later life in communities among 2000 stakeholders in education of older adults with 130 special events (trainings, roundtables, conferences, newsletters, etc. – see Table1\_Dissemination). Besides this, our project also addressed non-active individuals who were reached through individual contacts (also with the help of different NGOs, students, project supporters).

Each partner country stimulated between 15–40 different (local) community organisations that offer activities and education to older people to start collaborating with each other and on the national level towards the recommendations addressing national and local political bodies (IO5, IO6). The partnership provided freely accessible training materials, tools, programmes and portals for NGOs and community workers in the field of education in later life (IO7—IO13) used by many community workers as a tool for their work or the work of their

organisation. As proved already, the project partners exceeded the number of dissemination events and of participants in the dissemination process. In addition, visit statistics (on 25/9/2019) for the project's main webpage (<https://oldguys.si/>) count 2,583 visitors and 9,633 page clicks; while the visit statistics for the project's e-learning courses BLT (on 30/9/2019) (<https://learn.oldguys.si/>) count 3,038 of all visitors; 2541 guest visitors, 350 participants and 110 teachers. In addition, some NGOs already decided to use Blended Learning Training for their members (for moderators, coordinators, etc.); others took the agenda of e-learning to their programmes; some NGOs transferred examples of good practice to their local contexts (such as Men's Shed; intergenerational learning); and some put the topic (Greater inclusion of older guys) on their curriculum or working agenda. We get this feedback directly or indirectly.

Although policy makers were more reserved at the beginning of our work, our partnership achieved many meetings and discussions, through which they promised a lot. However, we will have to watch over their promises to be realised: At the final conference in Ljubljana (11.+5/2019), the public speaker of the Ministry of Education, Science and Sport (mag. Katja Dovžak) promised "we will inform ourselves with your recommendations and proposals, and properly include them in the new national adult education program in Slovenia by 2030"; Mateja Demšič (Head of the Department of Culture of the City of Ljubljana) promised to "further support their contribution for the quality of life of older adults and implement the project's findings in their policy". Although similar promises were made in other partner countries, there was one exception in Slovenia, where the Mayor of Ajdovščina promised to financially support any initiative brought by older men themselves, if they speak with him personally.

At a European level (particularly under ESREA) and on the international level (Australia, Tokyo, Cuba, Leeds, Stockholm, etc.), we have to stress that all the presentations the team gave at international conferences left a good impression in the scientific community (positive feedback, reviews, relevant comments, further invitation to conferences and collaboration). Furthermore, some of the comments revealed that the issues we raised regarding men's education and learning have a novelty character that needs to be continued in future research efforts. The final conference in Ljubljana had a bigger than expected number of international participants and thus proved the international attention on the issue and the work done by the Old Guys partnership. Although the impact of already published scientific articles (10) is impossible to measure, *Studies in Adult Education and Learning* has been already reached by 128 readers of the project by 21/9/2019, while the print edition has been distributed to 120 subscribers, 166 ELOA and final conference participants and had 144 online reads to September 2019. Although publication is a long-lasting process, this shows that the project was successful at a scientific, European and international level.

## **9 Dissemination and Use of Projects' Results**

As evident from the attached Table1\_Dissemination, project results have been broadly and intensively disseminated to:

A) Colleagues, researchers and students from our universities and NGOs on regular (and annual) meetings, presentations and regular lectures/courses at least twice a year (throughout 2017-2019). Besides special lectures, training programmes and presentations have been organised. The results reached at least 100 students, researchers and colleagues per country (studying/working in the field of adult education, pedagogy, social work, sociology and geragogy), while 58 university students collaborated on the project. Four master theses successfully concluded by Estonian students speak for themselves.

B) stakeholders in the field of adult education and education of older adults through round tables, presentations, and other public discussion events (from 4 to 10 or more in each country): 70 social workers and community workers at ACASO in Olhão, Portugal (19/Nov/2018); 25 participants including mayor of the Võru Town, Estonia (5/Sept/2017); 50 participants of the meeting “Development of Adult Education and Expanding Learning Opportunities” in Estonia (7/Dec/2018) with representatives of ministries and municipalities; 220 adult educators of the Slovenian Institute of Adult Education network (23/Oct/2018) with various representatives of ministries and national institutions; 80 participants of the Third Age University from Jędrzejów in Poland (4/April/2018), etc.

C) Results have been disseminated also through special events, such as: presentation in front of 120 former pilots in Łódź in Poland (14/Feb/2017); pre-retirement intensive training programme in Slovenia (46 school teachers participated; 26/Oct/2018); in the context of the European researchers’ night 2019 in Slovenia (23 high school students, 6/Dec/2018; and 100 youngsters at the event on 27/Sept/2019); 50 social science researchers in Tartu, Estonia (28/April/2019); 60 participants of Estonian Women’s Studies and Resource Center (24/May/2019); several PhD seminars at the Institute of Education in Lisbon, Portugal.

D) Broader public has been reached also through various media, newsletters, Facebook, webpages, platforms, networks, press agencies, etc.: special attention deserves Estonian team with three interviews/videos broadcasted in prime time news (see Table 1 \_Dissemination; Estonian National Broadcast Research News on 3/June/2019 and 24/May/2019). Besides, they had 1071 followers on Facebook by August 2019.

E) BLT training programme targeting community workers dealing with older adults (43 participants from Slovenia, Estonia and Poland in 2019); BLT programme (<https://learn.oldguys.si/>) with 3,038 of all visitors; 2541 guest visitors, 350 participants and 110 teachers.

F) special cultural events (as the theatre show “Seniors” in Ljubljana) and old guys (athletes and dancers performing on the European researchers’ night 2019 in Ljubljana).

All the above stated dissemination activities have been targeted to the stakeholders on the local/regional/national level and were mostly performed in partner’s national languages. Below listed activities have been performed in English for wider EU and international public (often reaching also local/regional/national stakeholders in the field of education of older adults). Besides final project conference (11/May/2019) under the ELOA 10<sup>th</sup> conference in Ljubljana (10.-11./May/2019), incredible dissemination work has been done on the EU and international level particularly with:

G) webpage (<https://oldguys.si/>) (2,583 visitors and 9,633 clicks on page).

H) scientific publications already described in IO17 of this Report: more than 10 scientific articles have been published (from estimated 4); including publishing houses and editions such as Cambridge Scholars and RELA; and disseminated through free accessible portals (such as ResearchGate where special edition of *Studies in Adult Education and Learning* has been reached by 128 readers of the project until 21/9/2019; while print edition has been distributed to 120 subscribers, 166 ELOA and final conference participants and had 144 online reads till September 2019).

I) papers and presentations at the international conferences: Slovenian, Poland and Portugal researcher teams attended 6 ESREA conferences each and organised one of them (BGL in Wrocław – 2017, ELOA in Faro in 2018 and ELOA in Ljubljana in 2019); besides researchers Jelenc Krašovec and Malec Rawinski disseminated project findings in Australia. Poland team disseminate project results also at University of Stockholm, University of Tokyo, University

of Pina de Rio (Cuba) and University of Havana. ANDRAS (Estonia) disseminated project results on international round tables in Prague and Brussels to national coordinators of adult learning from 19 different EU countries; partners from Tallinn participated on 4 ESREA conferences.

## **10 Sustainability**

The Old Guys website contains all the information regarding the project, including the results and recommendations. The University of Ljubljana guarantees that the website will be online for the next few years. The same reasoning is valid for the Blended Learning Training programme and OER-based portal which are free, online and accessible to anyone in five languages and easy to use as learning material, modified or upgraded, or even transformed to the new level. They are all placed on the Arnes domain and the University of Ljubljana will continue with the work on those pages. Similarly, the Estonian partners plan to link the BLT programme to educational resources of the EPAL Estonian platform that will recommend it to adult education professionals via the broader EPAL network. In all partner countries the OER-based platform, BLT training course, the collection of best practices, scientific articles, and recommendation reports will be integrated into the study programme (of the Educational Gerontology for andragogy Master's students and the study programme for Social Work at Tallinn University; for Educational Sciences at the Faculty of Arts, University of Ljubljana; similarly at the University of Wrocław—while Malgorzata Malec Rwinsky will also use the BLT programme in her lectures at Stockholm University).

The scientific results achieved by the project are present in the publications (conference's proceedings and journal articles) which have open access. They are also disseminated to various scientific platforms such as ResearchGate, and through scientific networks, such as ESREA, etc. Some of the articles are already published, others are accepted and awaiting publication, and still other results are being prepared for publication. The scientific dissemination will go on for several years and, more, the reading and quoting of the projects results will last for many years. In the area of education, an article usually reaches its maximum impact about eight years after its publication. This is the best assurance we can give of the results' availability, which no doubt will be read and used in the scientific community for many years.

The particular approach used in Old Guys might serve as an inspiration to our European colleagues who might want to increase the volume of European data using similar methods or instruments. Our findings have proved to be innovative in some areas so it is likely that similar projects will appear in the future.

The project generated an immense pool of data. Although we analysed the ones more relevant and that directly answer the objectives of the project, there are indirect results that seem important and can serve as an inspiration to new projects in the same scientific area—education and learning of older adults. For example, our results showed that social class and gender are fundamental in the later stages of life. While in Old Guys we analysed the gender factor in depth, social class was mostly self-evident in the case of Portugal. Researching social class in older adults is an important issue. A second example will be to build a project together with colleagues specialised in health sciences, to investigate in depth the connections between learning, education and health—especially mental health, which is a severe problem in many European countries (the increase in longevity will bring more mental health problems especially among the fourth age in the next decades). A third example will be to scrutinise further the events taking place during transitions to retirement, a topic that has big consequences in terms of European policies. There are, in short, a variety of projects which,

inspired in the main or complementary results obtained by Old Guys, can appear briefly. In addition, our digital competences to run a Moodle course were already used by the "SEEW - Supporting Evidence-based Education of Youth Workers" project (2018-3-HR01-KA205-060152), and partly also by "BLUES - Blended learning international entrepreneurship skills program" (2017-1-ES01-KA203-038539).

In Portugal, we intend to make use of the Blended Learning Training programme and the resources that Old Guys leaves to be freely used. After the funding is over, we will continue to work with the University of Ljubljana to that end. The pilot test of the BLT programme will be evaluated by the participants, as there are cultural differences between our countries, and we are sure that it will be possible to improve this e-learning programme, and making it even more appropriate to the Portuguese reality. The next phase will be to gather more participants from the civil society organisation from the south of Portugal, increasing the number of adult educators who are aware of the importance of this issue and increase the education and learning offer for older adults.

In Slovenia, many new presentations have been already arranged with various stakeholders in education of older adults (particularly with Slovenian Third Age Universities, pre-retirement programmes, etc.) for 2019. On the municipal level, while the city of Ljubljana is running for European Capital of Culture 2025, they show great interest in integrating relevant findings and recommendations from the Old Guys project to the social and cultural programme of the ECC. Within the Faculty of Arts (as well as the University of Ljubljana), we will continue to work on our four themes in the continuation (research, articles, lectures, presentations, practical work, etc.), while some courses will integrate our e-learning curriculum for work with students (on the topic of adult education; global inequalities; gender studies). Besides this, we plan that our partnership with local stakeholders will continue and we believe that the OER platform and the BLT programme will be used much more than planned.

In Estonia, the BLT course and OER portal will be developed and linked to the educational resources of the EPALE Estonian platform. BLT will be also integrated into the distance learning programme of Social Work for Master's students at Tallinn University. The set of best practices will be completed year by year and used together with modules of a training course as a part of the Educational Gerontology course for andragogy Master's students at Tallinn University. The Estonian team of researchers are planning the next phase of older men research based on the concept of age-related discrimination and too early exclusion from the labour market. In cooperation with NGO Kuldliiga and NGO 65B, the practical activities will be continued to help older men to be active in the community and in the labour market, politics, and education.

In Poland, we plan to make use of the BLT programme to work with full-time and part-time students at Wrocław University. Moreover, since Malgorzata Malec Rawinski now works at Stockholm University (Sweden), she promotes the BLT programme among researchers and international students at the Department of Education. Besides this, we promoted the project at the Centre for Social Development in Wrocław and with the help of Ilona Zakowicz (the Spokesperson for Seniors and Carers) we will attract more stakeholders to arrange more social places and learning activities for older adults, especially for men. This can increase the number of older adult educators, as well as the number of projects addressing 'Older Guys' and the problems, challenges and educational needs of older people, and enable project sustainability.

Summarising: the BLT programme and OER portal are freely accessible and transferable to any EU country in five languages; they will be used by all 4 partners for different purposes

and seems they will be even upgraded and completed with new content. Scientific articles, videos, publications and online material will be available through the project's webpage, as well as BLT and the OER portal. The good impression in the scientific community on the EU and international level revealed that the issues we raised regarding men's education and learning have a novelty character that needs to be continued in future research efforts. All partners agree to work towards new scientific research and publications. We believe that our further work will attract international scientific attention and that scientific articles in specialised journals will also contribute to the sustainability of project goals as a long-lasting process. The scientific dissemination will go on for several years and, furthermore, the reading and quoting of the project results will last for many years. In the area of education, an article usually reaches its maximum impact about eight years after its publication. This is the best assurance we can give of the results' availability, which no doubt will be read and used in the scientific community for many years.

## Appendix 1: Dissemination

### Dissemination activities of the Erasmus+ project “Old Guys Say Yes to Community” (October 2016 – October 2019)

SLOVENIA (University of Ljubljana, Faculty of Arts and Slovenian Adult Education Association - SAEA)							
	Event/ Publication	Date	Venue/ Reference	Web link	Target Group	Activity	Who
	<i>Title of event/ publication</i>	<i>Date of event/ publication</i>	<i>Venue of event/ Reference information for Publication</i>		<i>Target group of the event/ publication</i>	<i>e.g. presentation, distribution of leaflets, discussion, etc.</i>	<i>Author/editor/ presenter/ speaker, etc.</i>
1	Presentation	24/9/2016	University of Ljubljana, rectorate, Kongresni trg 12, Ljubljana	<a href="https://oldguys.si/2016/12/02/erasmus-2017-how-to-make-strategic-partnership-really-strategic/">https://oldguys.si/2016/12/02/erasmus-2017-how-to-make-strategic-partnership-really-strategic/</a>	30 researchers of the University of Ljubljana	Presentation of the project Old Guys (Erasmus+). <i>Invited to lecture under the session: “How to make strategic partnership really strategic?”</i>	Sabina Jelenc Krašovec
2	Presentation titled: Old Guys Say Yes to Community - Presentation of the Erasmus+ project	19/11/2016	7th ELOA (ESREA) Network conference, UNIVERSITY OF WROCŁAW, POLAND (17th – 19th of November 2016)	<a href="http://pedagogika.uni.wroc.pl/file/ELOA-2016_programme">pedagogika.uni.wroc.pl › file › ELOA-2016_programme</a>	15 researchers from EU countries	Presentation of the goals of the Old Guys project (Erasmus+), contextualisation of the main barriers, obstacles and problems envisaged by men in later life and invitation for collaboration with the project partners.	Špela Močilnikar
3	Lectures	18/1/2017  followed by two more trainings (22/2/2017 and 15/3/2017)	Faculty of Arts, Seminar for the field research in Slovenia  First training/session for the field research (4 hours); second and third session (2 hours)	<a href="https://e-ucenje.ff.uni-lj.si/course/view.php?id=5113">https://e-ucenje.ff.uni-lj.si/course/view.php?id=5113</a>	15 undergraduate and MA students (educational sciences)	Three lectures and interview testing in front of the students with men aged 80 years.  E-learning platform at the Faculty of Arts integrates learning materials + videos from the training	Sabina Jelenc Krašovec, Marko Radovan, Marta Gregorčič, Špela Močilnikar



4	Article EPALE network	6/2/2017	First blog on Old Guys (Erasmus+) project	<a href="https://epale.ec.europa.eu/nb/node/31938">https://epale.ec.europa.eu/nb/node/31938</a>		Introduction to the project; project announcement	Marko Radovan
5	Article in <i>The Courier</i> (Australian Community Media, The Courier is Ballarat and district's leading provider of news and information)	13/2/2017	Article about ELOA study visit in Australia and their visiting Men's Shed titled: "Making the most of golden learning years"	<a href="https://www.thecourier.com.au/story/4464147/making-the-most-of-golden-learning-years/">https://www.thecourier.com.au/story/4464147/making-the-most-of-golden-learning-years/</a>		Article discussed ELOA conference in Australia and the interest of ELOA researchers for older men and their participation in the community. Journalist in conversation with Sabina Jelenc Krašovec, Joel Hedegaard, Barry Golding, Malgorzata Malec Rawinski and Les Shimmin	<b>Journalist</b> Olivia Shying
6	<i>Focus group 1 under the Old Guys project (Erasmus+)</i>	24/2/2017  17:00 – 19:45	Ljubljana-Bežigrad, District Community, Vojkova Street 1b, Ljubljana	<a href="https://www.facebook.com/oldguys2016/photos/pcb.1120344034741905/1120343648075277/?type=3&amp;theater">https://www.facebook.com/oldguys2016/photos/pcb.1120344034741905/1120343648075277/?type=3&amp;theater</a>	9 participants: 2 from public institutions; 2 representatives of the municipality; 5 from NGOs dealing with older adults.	FG realisation	Marta Gregorčič, and Špela Močilnikar
7	<i>Focus group 2 under the Old Guys project (Erasmus+)</i>	28/2/2017 11:00 – 13:45	Daily Activity Center on Puhova 6, Ljubljana	<a href="https://hi-in.facebook.com/oldguys2016/posts/focus-groups-in-slovenia-continueon-the-7th-of-march-the-second-focus-group-was-/1120344034741905/">https://hi-in.facebook.com/oldguys2016/posts/focus-groups-in-slovenia-continueon-the-7th-of-march-the-second-focus-group-was-/1120344034741905/</a>	6 participants: 1 from public institution; 5 from NGOs dealing with older adults	FG realisation and informal discussion after.	Marta Gregorčič and Špela Močilnikar
8	<i>Lecture titled: Community learning and Men's Shed</i>	7/3/2017	Lecture under the course Target Groups in Adult Education		30 undergraduate students (in their third year of study)	Presentation of the project with special attention to the Men's Sheds communities and practices	Sabina Jelenc Krašovec

			Faculty of Arts, Department of Educational Sciences, Course: Target Groups in Adult Education			in Australia (Victoria): presentation of the research field in Australia realised under the ELOA study visit.	
9	<i>Focus group 3 under the Old Guys project (Erasmus+)</i>	17/3/2019	Ljudska univerza Ajdoščina, Stritarjeva Street 1a, Ajdoščina	<a href="https://www.facebook.com/oldguys2016/posts/1137665856343056/">https://www.facebook.com/oldguys2016/posts/1137665856343056/</a>	7 participants (3 from the municipality of Ajdoščina, including the mayor; 1 from public institution and 3 from NGOs)	FG realisation	Marta Gregorčič, Špela Močilnikar and Sabina Jelenc Krašovec
10	Presentation	11/4/2017	Annual meeting of members, review of activities carried out in the year 2016 and planned activities in the year 2017  Slovenian Institute for Adult Education, Šmartinska 134a, 1000 Ljubljana	<a href="https://www.andragosko-drustvo.si/skupscina-ads-2017/">https://www.andragosko-drustvo.si/skupscina-ads-2017/</a>	16 participants, all members of AEA all adult education professionals (2 from Slovenian Institute for Adult Education, 2 from the Third age University, 1 private higher education school, 2 from folk schools, 4 from NGOs, 3 adult education professionals, 2 students)	Presentation of the goals of the Old Guys project (Erasmus+), contextualisation of the main barriers, obstacles and problems envisaged by men in later life and invitation for collaboration with the project partners (particularly regarding example of good practices).	Špela Močilnikar
11	Lectures	12/4/2017; 19/4/2017 26/4/2017	Special lectures addressing the OLD GUYS (Erasmus+) project; students presented their findings from field research. Faculty of Arts; course “Sociocultural animation and local development” at the Department of		14 master students of different study programmes at the Faculty of Arts	Lectures where project has been presented together with the qualitative instrument. Students used semi-structured interviews to conduct research with socio- cultural animators in their local environment and prepare seminar work. They were involved to the Erasmus+ project.	Marta Gregorčič

			Educational Sciences				
12	Presentation	12/4/2017	Presentation of the project to the master students of Adult education. Faculty of Arts, Department of Educational Sciences		30 master students, adult education studies	Special lecture in which Erasmus+ project Old Guys has been presented to the students that have not participated in the project.	Sabina Jelenc Krašovec
13	Training programme	21/4/2017	Invited by Daily Canter Activities – DCA (Ljubljana) into the internal training of DCA moderators		30 moderators and animators of the DCA	Lecture that focused on the inclusion of older people (particularly men) in the community. Presentation of the main objectives and expectations of the project. Reflections from the terrain research.	Sabina Jelenc Krašovec
14	Papers and articles  ResearchGate (the professional network for scientists and researchers)	2016-2019	Promotion of the research project OLD GUYS (ERASMUS+) at ResearchGate platform.	<a href="https://www.researchgate.net/project/Old-Guys-Say-Yes-to-Community">https://www.researchgate.net/project/Old-Guys-Say-Yes-to-Community</a>	128 readers of the project until 21/9/2019	Presentation and promotion of the project with news and articles	12 researchers from all partners institutions
15	<i>Article</i>  Studies in Adult Education and Learning (Journal)	Autumn 2017	Scientific article discussing results from the focus groups in Ajdovščina (Slovenia)	<a href="https://revije.ff.uni-lj.si/AndragoskaSpoznanja/article/view/7530">https://revije.ff.uni-lj.si/AndragoskaSpoznanja/article/view/7530</a> <a href="https://doi.org/10.4312/as.23.3.35-53">https://doi.org/10.4312/as.23.3.35-53</a>	Distributed to 120 subscribers (researchers, scholars and other stakeholders in the field of adult educators and learning of older adults in Slovenia and EU); 144 online reads till september 2019	Gregorčič, M. (2017). Participation of older adults in community and in communities of practice. <i>Studies in Adult Education and Learning</i> , 23(3), 35-53.	Marta Gregorčič

16	Presentation	15/3/2018	Annual meeting of SAEA members, review of activities carried out in the year 2017 and planned activities in the year 2018  SAEA, Glottanova, Karla Benza 1, 1000 Ljubljana.	<a href="https://www.andragosko-drustvo.si/vabimona-skupscino-ads-2018/">https://www.andragosko-drustvo.si/vabimona-skupscino-ads-2018/</a>	14 participants, all members of AEA all adult education professionals (, 3 from NGOs, 3 adult education professionals, 1 private higher education school, 1 from Slovenian Institute for Adult Education, 3 from folk schools, 2 students)	Presentation of the Old Guys project (Erasmus+) development, presentation of in-depth recommendations for public authorities and NGO representatives	Špela Močilnikar
17	Article	23/6/2018	A short article reporting on the progress of the old guly's project.  ADEES	<a href="https://www.andragosko-drustvo.si/wp-content/uploads/2018/06/ADEES-junij-2018.pdf">https://www.andragosko-drustvo.si/wp-content/uploads/2018/06/ADEES-junij-2018.pdf</a>		Močilnikar, Š. (2018). Starejši moški sodelujejo v skupnosti	Špela Močilnikar
18	Article/Newsletter  Slovenian Institute of Adult Education - newsletter	13/8/2018	Article: Recommendation for greater inclusion of men aged 60 years or more to the community – for public discussion	<a href="https://enovicke.acs.si/old-guys-proporocila-2018/?hilite=%27Old%27%2C%27Guys%27%2C%27Say%27%2C%27Yes%27%2C%27Community%27">https://enovicke.acs.si/old-guys-proporocila-2018/?hilite=%27Old%27%2C%27Guys%27%2C%27Say%27%2C%27Yes%27%2C%27Community%27</a>	Newsletter is sent to most of the stakeholders in adult education in Slovenia since SIAE is the biggest national institution for adult education.	Article for the SIAE newsletter	Marta Gregorčič
19	Lecture with the round table  In the context of the European researchers' night 2019 (Humanic	28/9/2018 11:00-13:30	Lecture with moderated round table titled: "Pomen udejstvovanja, vzajemnosti in ustvarjalnosti v poznejšem življenju"		21 participants from the civil society (particularly 3AU and DCA).	The instruments and Old Guys research has been presented and main findings and recommendations (IO5 and IO6 for Slovenia) discussed with the main stakeholders in the field of education in later life in Slovenia:	Marta Gregorčič and Špela Močilnikar

	rocks!)		Dnevni center aktivnosti, Puhova 6, Ljubljana- Bežigrad			prof. dr. Ana Krajc (3UA); Katja Krivec (DCA); Marjan Sedmak (MZU), idr.	
20	Lecture	18/10/2018 8:30 -10:00	Lecture: Old Guys Say Yes to Community  University of Ljubljana, Faculty of Social Work, Topniška ulica 31, Ljubljana		16 undergraduate students, second year of studying	During the course “Social movements and global inequalities” project has been presented to the students.	Marta Gregorčič
21	Presentation at the conference	23 and 24/10/2018	Annual meeting of all stakeholders in the field of adult education in Slovenia  <a href="https://pro.acs.si/lp2018">https://pro.acs.si/lp2018</a>  Slovenian Institute of Adult Education - ANNUAL CONFERENCE 2018, Kongresni center Habakuk, Maribor	Presentation by Marta Gregorčič <a href="https://pro.acs.si/lp2018/vsebine/pdf/LP2018_dr_Marta_Gregorcic.pdf">https://pro.acs.si/lp2018/vsebine/pdf/LP2018_dr_Marta_Gregorcic.pdf</a>  video: <a href="https://pro.acs.si/lp2018/video/?id=554">https://pro.acs.si/lp2018/video/?id=554</a>	220 adult educators from Slovenia (all main stakeholders of adult education from the national institutions and civil society; main representatives from the Ministry of education, science and sport (10), including minister himself.	Presentation by Marta Gregorčič Followed with the roundtables (moderated by Zvonka Pangerc Pahernik), with participants: Marta Gregorčič; Ljubica Fišer, Folks university Ormož; Tomaž Hrastar (Ministry of Agriculture, Forestry and Food), Aleš Kenda, (Ministry of Labour, Family, Social Affairs and Equal Opportunities), Brigita Kruder, Folks university Slovenska Bistrica.	Marta Gregorčič
22	Pre-retirement training programme	26/10/2018  11:15 – 12:30	<b>Pre-retirement intensive programme (25-27/10/2018) in collaboration with</b> Slovenian Institute of Adult Education, organised by Društvo upokojenih pedagoških delavcev Slovenije; Izola (hotel Delfin)		46 teachers, working in the primary schools (in Slovenia), preparing themselves for the retirement	Lecture titled “Results from the research Old Guys Say Yes to Community (Erasmus+): inclusion of men aged 60 years and more and later life” with discussion.	Marta Gregorčič

23	Paper in GLEJ list – printing material of the Theatre group GLEJ (Ljubljana, Slovenia)	2018 (vol. 10, no. 3)	<b>Dissemination of the Old Guys project results through theatre performance</b>	<a href="https://issuu.com/glejtheatre/docs/glej_list_starci_starci_issuu">https://issuu.com/glejtheatre/docs/glej_list_starci_starci_issuu</a>		Paper thematises inclusion and creativity in later life. Authors quote some results from the Old Guys (Erasmus+) project and addressed the topic of greater participation of men in community for their well-being and better health.	Ed. Alja Lobnik
24	Recommendations dissemination by Mestna zveza upokojecev ( <a href="https://www.mzu-lj.si">https://www.mzu-lj.si</a> )	2019	<b>Disseminated project's recommendation for Slovenia</b>	<a href="https://www.mzu-lj.si/media/uploads/PUBLIKACIJE/Vkljucevanje%20starejsih%20moskih%20v%20skupnost.pdf">https://www.mzu-lj.si/media/uploads/PUBLIKACIJE/Vkljucevanje%20starejsih%20moskih%20v%20skupnost.pdf</a>	Seniors/members	They put recommendation letters from our project to their webpage together with main Slovenian documents for greater inclusion of seniors in everyday life.	By MZU
25	Article in Vzajemnost (print and online edition)	Nov 2018	Published online and print version; Nov. 2018 Article titled "Where are men?"/"Kje so moški?"	<a href="https://www.vzajemnost.si/clanek/177852/kje-so-moski/">https://www.vzajemnost.si/clanek/177852/kje-so-moski/</a>	26.000 recipients of the print edition	Article discussed main findings from the research Old Guys conducted in Slovenia and present main recommendations (IO5, IO6, IO7; IO9). Materials from the interview with Marta Gregorčič and round table (28/9/2018) at the Daily Center Activity	Journalist Anita Žmahar
26	Lecture  In the context of the European researchers' night 2019 (Humanic rocks!)	6/12/2018  8:40 – 10:30	Special lecture at the course Sociology III. Gimnazija Maribor, Gosposvetska cesta 4, 2000 Maribor		23 high school students (fourth grade)	Presentation of the Old Guys Say Yes to Community project with special attention to the research instrument, terrain work and analyses of the data.	Marta Gregorčič Špela Močilnikar
27	Article	December 2018	A short article reporting on the progress of the Old	<a href="https://www.andragosko-">https://www.andragosko-</a>		Močilnikar, Š. (2018). Starejši moški sodelujejo v skupnosti.	Špela Močilnikar

	ADEES newsletter		Guys Erasmus+ project.	<a href="https://drustvo.si/wp-content/uploads/2018/12/ADEES-december-2018.pdf">drustvo.si/wp-content/uploads/2018/12/ADEES-december-2018.pdf</a>			
28	Blended learning training (BLT) programme courses	15/3/2019 (11:20-15:30)  12/4/2019 (13:00-16:30)	First meeting: BLT introduced and participants logged to the programme.  Second meeting: BLT (evaluation meeting) – collecting feedback from participants  Faculty of Arts, Aškerčeva 2, 1000 Ljubljana (computer room 013)	Freely accessible on <a href="https://learn.oldguys.si/">https://learn.oldguys.si/</a> and transferable to other national contexts.  It is also freely accessible as PDF document for those in the field of adult educators with less ICT competences.	20 participants / community workers, mostly representatives from public institutions, NGOs, librarians and one student (Adult education centers or folk universities - from Radovljica, Ajdovščina, Krajn; Slovenian institute for adult education, Third Age Universities (Izola, Sevnica, Ilirska Bistrica, Trebnje, etc.), Posoški razvojni center, Združenje veteranov voljne za Slovenijo, ZIK Črnomelj, CDI niverzum, etc.).	First meeting: lecture about the e-learning programme; short introduction to the programme, the structure, content and duration of the programme; ( <a href="https://learn.oldguys.si/">https://learn.oldguys.si/</a> ); logg-in and first forum discussion by participants.  Last meeting: collecting feedback by participants; discussing particular topics, observations, needs by community workers and reflection on the evaluation results.	Marko Radovan Marta Gregorčič
29	Presentation	28/3/2019	Annual meeting of members, review of activities carried out in the year 2018 and planned activities in the year 2019  SAEA, Glottanova, Karla Benza 1, 1000 Ljubljana	<a href="https://www.andragosko-drustvo.si/vabimo-na-skupscino-ads-2018/">https://www.andragosko-drustvo.si/vabimo-na-skupscino-ads-2018/</a>	12 participants, all members of SAEA, all adult education professionals ( 4 from NGOs, 1 adult education professionals, 2 from Slovenian Institute for Adult Education, 2 from folk schools, 1 higher education professional, 2 students)	Presentation of the Old Guys project (Erasmus+) development, presentation of the toolkit, blended learning training program and invitation to final conference.	Špela Močilnikar

30	Special edition of the Journal: <b><i>Studies in Adult Education and Learning</i></b> (Vol 25 No 2 (2019): Old Guys Say Yes To Community) with 5 scientific articles  Online and print edition	April 2019	Special thematic Issue of SAEJ Journal - titled "OLD GUYS SAY YES TO COMMUNITY"	<a href="https://revije.ff.uni-lj.si/AndragoskaSporoznanja">https://revije.ff.uni-lj.si/AndragoskaSporoznanja</a>  and <a href="https://oldguys.si/publications/">https://oldguys.si/publications/</a>  freely accessible	Print edition distributed to 120 subscribers (researchers, scholars and other stakeholders in the field of adult educators and learning of older adults in Slovenia and EU); also to 50 participants of 10 <sup>th</sup> ELOA conference in Ljubljana.  223 online reads till September 2019.	Special thematic issue of the SAEJ Journal in which main results and findings from the Old Guys Say Yes to Community (Erasmus+) are presented. Five scientific articles prepared by Marta Gregorčič; Sandra T. Valadas, Carla Vilhena, António Fragoso, Małgorzata Malec-Rawiński, Tiina Tambaum, Felika Tuul, Reeli Sirotkina, and Kaja Cizelj.	Editors: Jelenc Krašovec, António Fragoso, and Marta Gregorčič
31	Article EPALE platform	15/4/2019	Announcement of the final conference Old Guys Project and 10 <sup>th</sup> ELOA conference (on the webpage and in newsletters)	<a href="https://epale.ec.europa.eu/fr/content/10-mednarodna-konferenca-eloa-pluralisation-transitions-after-working-life-phase-gender">https://epale.ec.europa.eu/fr/content/10-mednarodna-konferenca-eloa-pluralisation-transitions-after-working-life-phase-gender</a>		Announcement prepared in different languages and distributed through EPALE network	Marta Gregorčič
32	Article CVNOS (the national NGO information centre, the national NGO advocacy centre, the national NGO training centre...)	19/4/2019	Announcement of the final conference Old Guys Project and 10 <sup>th</sup> ELOA conference (on the webpage and in newsletters)	<a href="https://www.cvnos.si/aktualno/2385/mednarodna-konferenca-dejavnejsa-udelezba-starejsih-moskih-v-skupnosti/">https://www.cvnos.si/aktualno/2385/mednarodna-konferenca-dejavnejsa-udelezba-starejsih-moskih-v-skupnosti/</a>	Civil society stakeholders in Slovenia	Announcement prepared and distributed through the biggest NGO network in Slovenia: CVNOS	Material prepared by Marta Gregorčič



33	Article Slovenian Press Agency (STA)	8/5/2019	Public announcements of the final conference programme	<a href="https://o-sta.si/24408/zakljucna-mednarodna-konferenca-dejavnejsa-udelezba-starejsih-moskih-v-skupnosti">https://o-sta.si/24408/zakljucna-mednarodna-konferenca-dejavnejsa-udelezba-starejsih-moskih-v-skupnosti</a>		Prepared by STA and Kristina Zajc Božič Public Relations Officer (Faculty of Arts) from the project's materials distributed to most of the media.	STA
34	Book of Abstract	May 2019	Prepared for the 10 <sup>th</sup> ELOA network Conference organised at the Faculty of Arts, Ljubljana	<a href="https://plus.si.cobis.net/opac7/bib/COBIB/299885568">https://plus.si.cobis.net/opac7/bib/COBIB/299885568</a>	For the participants of the ELOA conference (60 copies)	GREGORČIČ, Marta, SCHMIDT- HERTHA, Bernhard. Conference theme(s) : The pluralisation of transitions to the after-working life phase: Gender capital, silver productivity and mental health. V: FURLAN, Meta (ur.). <i>The pluralisation of transitions to the after-working life-phase : gender capital, silver productivity and mental health : book of abstracts</i> . Ljubljana: Znanstvena založba Filozofske fakultete: = University Press, Faculty of Arts. 2019,	GREGORČIČ, Marta, SCHMIDT- HERTHA, Bernhard.
35	ELOA CONFERENCE  10 <sup>th</sup> ELOA CONFERENCE (hosted by the University of Ljubljana, Faculty of Arts), Slovenia.	10- 11/5/2019	ELOA conference titled: "The pluralisation of transitions to the after- working life phase: Gender capital, silver productivity and mental health"	<a href="https://eloa2019.ff.uni-lj.si/">https://eloa2019.ff.uni-lj.si/</a>	50 participants (ELOA network; University of Ljubljana, Slovenian stakeholders in education of older adults (Slovenian Third Age University) and students from the Faculty of Arts)	Realisation of the conference.	dr. Marta Gregorčič (head of the programme committee)

36	OLD GUYS FINAL CONFERENCE of the project OLD GUYS (Erasmus+= under the 10 <sup>th</sup> ELOA (ESREA) conference in Ljubljana (Faculty of Arts)	11/5/2019 9:00 – 20:00	FINAL CONFERENCE of the project Old Guys	<b>Programme, conference presentations, photos and videos from the conference available</b> <a href="https://oldguys.si/conference/">https://oldguys.si/conference/</a>	Approximately 170 participants (36 foreign researchers and scholars; 130 from very different Slovenian institutions, organisations, university and civil society)	All partners presented their papers. Concluding discussion/round table: Moderated by dr. Bernhard Schmidt-Hertha (Germany) Conversation with: dr. Marvin Formosa (Malta), dr. Voyko Kavcic (Vojko Kavčič) (USA), dr. Ann-Kristin Boström (Sweden), Ana Stanovnik Perčič (Slovenia)  Cultural interventions and theatre performance “Seniors”.	Marta Gregorčič Marko Radovan Špela Močilnikar Tiina Tambaum Reeli Sirotkina Rozalia Ligus Malgorzata Malec Rawinsky António Fragoso, Carla Vilhena, Sandra T. Valadas
37	Article DELO (main daily newspaper)	16/5/2019	Article: “Older men are highly dependent from their life partners”	<a href="https://www.delo.si/starejsi-moski-so-mocno-odvisni-od-partnerk-184042">https://www.delo.si/starejsi-moski-so-mocno-odvisni-od-partnerk-184042</a>	Estimated reach by DELO: 153.990 people	Article discussed main findings of the project presented at the final conference in Ljubljana (11.5.2019).	Journalist: Andreja Žibret
38	Newsletter  Slovenian Institute of Adult Education	20/5/2019	Newsletter by ACS	<a href="https://enovicke.acs.si/as-2-2019/">https://enovicke.acs.si/as-2-2019/</a>	Main stakeholders in the field of adult education and education of older adults.	Promotion of the final conference and the Studies in Adult Education and Learning (Vol 25 No 2 (2019): Old Guys Say Yes To Community)	Ana Peklenik, ACS
39	Paper	13-15/6/2019	11TH ESREA BGL-ALC CONFERENCE 2019 PÉCS UNIVERSITY OF PÉCS (PTE) 7633 PÉCS, HUNGARY Conference title: LIVING AND LEARNING IN DIVERSE COMMUNITIES	<a href="http://esrea.ckh.hu/programme">http://esrea.ckh.hu/programme</a>	15 researchers and scholars in the field of education of older adults	Paper at the conference: Selected Results of the Project <i>Old Guys Say Yes to Community</i> : Targeting Men Aged 60 Years or More	Marta Gregorčič

40	Article <i>Mladina</i> (no. 28) – weekly magazine (print and online version)	12/7/2019	Article titled: “Ni prostora za starce? Kako se moški spopadajo z upokojitvijo”	<a href="https://www.mladina.si/191995/ni-prostora-za-starce/">https://www.mladina.si/191995/ni-prostora-za-starce/</a>	Online and print edition	Article discusses main project results.	Journalist Lara Paukovič – from the interview with Marta Gregorčič
41	Article <i>Vzajemnost</i> (july 2019)	Published online and print version; July 2019	Article titled: “Men are unprepared on the retirement/ Moški so nepripravljeni na upokojitev”	<a href="https://www.vzajemnost.si/clanek/181685/z-upokojitvijo-se-aktivno-zivljenje-konca/">https://www.vzajemnost.si/clanek/181685/z-upokojitvijo-se-aktivno-zivljenje-konca/</a>	26.000 recipients	The article summarises the basic findings of the project presented at the final conference and form the conversation with the project leader, Marta Gregorčič.	Journalist Anita Žmahar from the interview with Marta Gregorčič
42	Paper  ESREA - 9th Triennial European Research Conference	20/9/2019	Paper titled: „Informal learning through community engagement:: Sources of transformative power in contemporary communities and societies” University of Belgrade, Faculty of Philosophy, Department of Andragogy, Serbia (12-22/9/2019)	<a href="http://www.aes.rs/en/esrea2019/">http://www.aes.rs/en/esrea2019/</a>	15 participants of the ESREA network	Paper on the Erasmus+ Old Guys project; presentation under the section “Adult Education – from global to local”	Marko Radovan
43	Chapter in the Book Cambridge Scholars	September 2019	Chapter in scientific publication: ERMENC, Klara S. (ed.), MIKULEC, Borut (ed.). <i>Building inclusive communities through education and learning</i> . Newcastle upon Tyne: Cambridge Scholars. 2019	<a href="https://www.amazon.com/Building-Inclusive-Communities-Education-Learning/dp/1527536963/ref=sr_1_1?keywords=Klara+skubic+ermenc&amp;qid=1527536963">https://www.amazon.com/Building-Inclusive-Communities-Education-Learning/dp/1527536963/ref=sr_1_1?keywords=Klara+skubic+ermenc&amp;qid=</a>		Chapter no. 1, titled “The pluralisation of transitions to the after-working life phase: the perceptions of sociocultural animators in Slovenia.” (Newcastle upon Tyne: Cambridge Scholars. 2019, pp 15-38).	Marta Gregorčič

				<a href="#"><u>1567077100&amp;s=books&amp;sr=1-1</u></a>			
44	Public presentation	27/9/2019	<p>Public presentation of the project to the youngsters</p> <p>Public event on the Novi trg 1, Ljubljana; In the context of the European researchers' night 2019 (Humanic rocks!)</p>		Approx. 80 (youth, students, tourists, etc.)	Introduction by Marta Gregorčič; cultural interventions performed by Seniors from Tine Rožanc Folkloric Dance Group and Gymnastics Veterans of the Sports Association Sokol Bežigrad – example of good practice and intergenerational learning and exchange.	Marta Gregorčič

POLAND (University of Wrocław)							
	Event/ Publication	Date	Venue/ Reference	Weblink	Target Group	Activity	Who
	<i>Title of event/ publication</i>	<i>Date of event/ publication</i>	<i>Venue of event/ Reference information for Publication</i>		<i>Target group of the event/ publication</i>	<i>e.g. presentation, distribution of leaflets, discussion, etc.</i>	<i>Who participated in the event/ wrote the publication?</i>
1	Silesian Genealogy Association (Ślaskie Towarzystwo Genealogiczne ), Wrocław Poland	10.11. 2016	A regular meeting	<a href="http://genealodzy.wroclaw.pl/">http://genealodzy.wroclaw.pl/</a>	Members of the Association (about 50 people) age 60 plus	Introduction to the Project; Introducing the international Universities team and the European Union funds; presenting the aims and the ways of data collecting; Inviting “Old Guys” to be a project participant(s) and interviewee(s); collecting some personal information to arrange the interviews.	Rozalia Ligus
2	“Loteczka” – <b>first meeting;</b> Club/Association of former pilots, airplanes technical staff.	14.02. 2017	90 Birthday anniversary of Józef Młoczek (born 1927, a former pilot, but still a volunteer instructor and aircraft worker)	<a href="http://cowiemechanikolotnictwie.blogspot.com/2017/02/90-lat-jozefa-mocka.html">http://cowiemechanikolotnictwie.blogspot.com/2017/02/90-lat-jozefa-mocka.html</a>	Members of the Association (about 120 people) age 60 plus, men and women)	First introduction to the Project “Old Guys Say Yes to Community” and general information about the European Union Programs focusing on Adult Learning; making appointment for present the full project, discussion. The appointment fixed on 15 <sup>th</sup> March 2017.	Rozalia Ligus,
3	Loteczka” – <b>second meeting;</b> Club/Association of former pilots,	15.03. 2017	Regular meeting of the Association – extra time for full presentation of the “Old Guys Say Yes to	<a href="http://www.loteczka.pl">www.loteczka.pl</a>	Member of the Association about 80 people	The detailed introduction to the project, Presenting the international Universities team and the	Małgorzata Malec-Rawiński, Rozalia Ligus

	airplanes technical staff.		community” Project			European Union funds; presenting the aims and the ways of data collecting; Inviting “Old Guys” to be a project participant(s) and interviewee(s); collecting some personal information to arrange the interviews.	
4	Students of University of Wrocław – <b>Group no. 1</b>	15.03. 2017	Methodology <b>Workshop no. 1</b> for the students – participants of the research	<a href="http://www.uwr.pl">www.uwr.pl</a>	34 students of MA	The detailed introduction to the project, Presenting the international Universities team and the European Union funds; presenting the aims and the ways of data collecting.	Rozalia Ligus Małgorzata Malec-Rawiński,
5	Students of University of Wrocław – <b>Group no. 2</b>	22.03. 2017	Methodology <b>Workshop no. 1</b> for the students – participants of the research	<a href="http://www.uwr.pl">www.uwr.pl</a>	20 students of BA	The detailed introduction to the project, Presenting the international Universities team and the European Union funds; presenting the aims and the ways of data collecting;	Rozalia Ligus Małgorzata Malec-Rawiński,
6	Students of University of Wrocław – <b>Group no. 1</b>	30.03. 2017	Methodology <b>Workshop no. 2</b> for the students – participants of the research	<a href="http://www.uwr.pl">www.uwr.pl</a>	34 students of MA	Discussing the Interview Form, analysing the technics of collecting the data; preparing a list of expected problems and barriers	Rozalia Ligus Małgorzata Malec-Rawiński,
7	Students of University of Wrocław – <b>Group no. 2</b>	11.04. 2017	Methodology <b>Workshop no. 2</b> for the students – participants of the research	<a href="http://www.uwr.pl">www.uwr.pl</a>	20 students Of BA	Discussing the Interview Form, analysing the technics of collecting the data; preparing a list of expected problems and barriers	Rozalia Ligus Małgorzata Malec-Rawiński,

8	Students of University of Wrocław – <b>Group no. 1 and 2</b>	25.04. 2017	Methodology <b>Workshop no. 3</b>	<a href="http://www.uwr.pl">www.uwr.pl</a>	54 students Of MA and BA	Distributing the interview forms, dividing into groups and preparing for introduction to the project to the interviewee (in the field).	Małgorzata Malec-Rawiński, Rozalia Ligus
9	Students of Collegium Da Vinci in Poznań	17. 05. 2017	A lecture: “Old Guys Say Yes to Community” – Who? Why? When? Where? – European Union faces the current society	<a href="http://www.cdv.pl">www.cdv.pl</a>	20 students of BA	Project Presentation, aims, methodology, expected results; Invitation to conduct some interviews	Rozalia Ligus
10	Students of Collegium Da Vinci in Poznań	18.06 2017	A lecture “Old Guys Say Yes to Community” – Who? Why? When? Where?- European Union faces the current society	<a href="http://www.cdv.pl">www.cdv.pl</a>	30 students of MA	Project Presentation, aims, methodology, expected results; Invitation to conduct some interviews	Rozalia Liggus
11	The Locals of town Recz, Poland	16-17.08. 2017	Focus Group in Recz – Local Association – Choir Members	<a href="http://www.recz.pl">www.recz.pl</a> <a href="http://www.mgops.pl">www.mgops.pl</a> <a href="https://www.facebook.com/pages/category/Community-Organization/Towarzystwo-Mi%C5%82o%C5%9Bnik%C3%B3w-Recza-910435385645719/">https://www.facebook.com/pages/category/Community-Organization/Towarzystwo-Mi%C5%82o%C5%9Bnik%C3%B3w-Recza-910435385645719/</a>	A focus group – 7 participants of local government and activists	Introduction to the Project “Old Guys Say Yes to Community” and general information about the European Union Programs focusing on Adult Learning; Presenting the aims of the project and asking for the input by active discussions and “local diagnosis” from the bottom up perspective.	Rozalia Ligus
12	Municipality of Jędrzejów	10.09. 2017	Focus Group in Jędrzejów	<a href="http://www.umjedrzejow.pl/">www. http://www.umjedrzejow.pl/</a>	2 people who represented the local non-government		Rozalia Ligus

				<a href="http://www.andreovia.pl">www.andreovia.pl</a>	association of Andreovia, A Mayor, a Forman, a 3rd Age University (2 people)		
13	Students of University of Wrocław – BA	19.12 2017	A lecture “Old Guys Say Yes to Community” – Who? Why? When? Where?- European Union faces the current society	<a href="http://www.uwr.pl">www.uwr.pl</a>	25 people of BA	Project presentation, aims, methodology, expected results and some current data results	Rozalia Ligus
14	3 <sup>rd</sup> Age University Members in Jędrzejów	04.04. 2018	A first lecture “Old Guys Say Yes to Community” – Who? Why? When? Where?- European Union faces the current society	<a href="http://www.andreovia.pl">www.andreovia.pl</a> <a href="http://utwjedrzejow.pl">utwjedrzejow.pl</a>	70 people	Project presentation, aims, methodology, expected results and some current data results	Rozalia Ligus
15	3 <sup>rd</sup> Age University Members in Jędrzejów	10.10. 2018	A second lecture – a List of problems of Older Man in Europe based on the research results of the Project	<a href="http://www.andreovia.pl">www.andreovia.pl</a> <a href="http://utwjedrzejow.pl">utwjedrzejow.pl</a>	80 people	Presenting the main problems that older men face in four different countries (Poland, Spain, Slovenia, Estonia)	Rozalia Ligus
16	University of Wrocław	12.12. 2018	A lecture “Old Guys Say Yes to Community” – Who? Why? When? Where?- European Union faces the current society	<a href="http://www.uwr.pl">www.uwr.pl</a>	26 people of BA	Project presentation, aims, methodology, expected results and some current data results	Rozalia Ligus
17	Men Shed’s in Australia, Victoria Region	02.2017	Short lectures			Introduction to the Project; Introducing the international Universities team (Poland, Spain, Slovenia, Estonia) and the	Małgorzata Malec Rawiński Sabina Jelenc Krasovec



						European Union funds; presenting the aims and the ways of data collecting	
18	VI TRANSDYSCYPLINAR NE SYMPOZJUM BADAŃ JAKOŚCIOWYCH. „Między poznaniem a zmianą. Postępy, kontrowersje, perspektywy współczesnych badań jakościowych” Wrocław	20-21-22.06. 2017	poster	<a href="http://vitsbj.uni.wroc.pl/?fbclid=IwAR07duL01yK-StaSdajPXbH1xuPzcNSJ_LOcsYMeRPNUMQuwzHqeX95QGg4">http://vitsbj.uni.wroc.pl/?fbclid=IwAR07duL01yK-StaSdajPXbH1xuPzcNSJ_LOcsYMeRPNUMQuwzHqeX95QGg4</a>	Around 100 people	Introduction to the Project; Introducing the international Universities team (Poland, Spain, Slovenia, Estonia) and the European Union funds; presenting the aims and the ways of data collecting	Małgorzata Malec Rawiński
19	University of Tokyo, Japan	30.10.2018	lecture	<a href="https://www.stockholm-tokyo.org/workshop-on-sustainable-development/">https://www.stockholm-tokyo.org/workshop-on-sustainable-development/</a>	Around 30 people	Project presentation, aims, methodology, expected results and some current data results	Małgorzata Malec Rawiński
20	University of Pina de Rio, Cuba	18/ 20.03.2019	lecture	<a href="https://www.unipange.net/en/3221/universidad-de-pinar-del-rio">https://www.unipange.net/en/3221/universidad-de-pinar-del-rio</a>	Around 80 people	Project presentation, aims, methodology, expected results and some current data results	Małgorzata Malec Rawiński
21	University of Havanna, Cuba	22.03.2019	lecture	<a href="https://web.archive.org/web/20041103085342/http://www.uh.cu/">https://web.archive.org/web/20041103085342/http://www.uh.cu/</a>	Around 30 people	Project presentation, aims, methodology, expected results and some current data results	Małgorzata Malec Rawiński
22	University of	22.02.2018 18.10.2018	Lecture/seminar	<a href="https://www.edu.se/">https://www.edu.se/</a>	Around 15 people	Project presentation, aims, methodology, expected results	Małgorzata Malec Rawiński

	Stockholm, Sweden					and some current data results	
23	University of the Third Age, Wrocław	17.05.2017	lecture	<a href="http://utw.uni.wroc.pl/">http://utw.uni.wroc.pl/</a>	Around 80 people	Introduction to the Project; Introducing the international Universities team (Poland, Spain, Slovenia, Estonia) and the European Union funds; presenting the aims and the ways of data collecting	Małgorzata Malec Rawiński
24	U3A in Wrocław Partners of the project: <i>UTW – Uczyc- Tworzyć - Wspierać (U3A – Learning- Creating- Supporting)</i> . U3A from the Lower Silesia Region form towns: Strzelin, Legnica, Oława, Głuszyca, Oława, Zgorzelec, Gryfów	May-June, 2017	Seminars and informal meetings	<a href="http://projektutw.uni.wroc.pl/projekt/informacje">http://projektutw.uni.wroc.pl/projekt/informacje</a>	Around 150 people	Introduction to the Project; Introducing the international Universities team (Poland, Spain, Slovenia, Estonia) and the European Union funds; presenting the aims and the ways of data collecting	Małgorzata Malec Rawiński
25	The 9th Conference of the ESREA Research Network on Education and Learning of Older Adults (ELOA) <i>Older adults' well-being: The contributions of education and learning</i> , Faro, Portugal	12.10.2018	Lecture/paper presentation	<a href="http://center.hj.se/download/18.5f7a2983161257f043a4e7f/1520583290408/First%20CFP%20Faro%20October%202018.pdf">http://center.hj.se/download/18.5f7a2983161257f043a4e7f/1520583290408/First%20CFP%20Faro%20October%202018.pdf</a>	Around 20 people	Paper presentation of the project aims, methodology, research findings from Poland partner	Małgorzata Malec-Rawiński, Rozalia Ligus

26	BLT programme	5.9.2019 – 1.10.2019		<a href="https://learn.oldguys.si/course/view.php?id=9">https://learn.oldguys.si/course/view.php?id=9</a>	9 participants, most of them were representatives from public institutions (teachers, educators and trainers) besides one senior from Brzeg and students from Wrocław University.	In Poland 9 participants attended intensive BLT programme between 5/9 and 1/10/2019.	Arkadiusz Urbanek
27	Biuletyn Informacyjny Wydziału Nauk Historycznych i Pedagogicznych nr 11(8/2017)	11.2017	Newsletter by WNHIP	<a href="https://uniwroc-my.sharepoint.com/personal/arkadiusz_urbanek_uwr_edu_pl/_layouts/15/onedrive.aspx?id=%2Fpersonal%2Farkadiusz%5Furbanek%5Fuwr%5Fedu%5Fpl%2FDocuments%2FZa%C5%82%C4%85czniki%2FBiuletynWNHiP2017%5F8%2Epdf&amp;parent=%2Fpersonal%2Farkadiusz%5Furbanek%5Fuwr%5Fedu%5Fpl%2FDocuments%2FZa%C5%82%C4%85czniki&amp;originalPath=aHR0cHM6Ly91bmI3cm9jLW15LnNoYXJlcG9pbmQuY29tLzpiOi9nL3BlcnNvbml3cmJFya2FkaXVzel91cmJ">https://uniwroc-my.sharepoint.com/personal/arkadiusz_urbanek_uwr_edu_pl/_layouts/15/onedrive.aspx?id=%2Fpersonal%2Farkadiusz%5Furbanek%5Fuwr%5Fedu%5Fpl%2FDocuments%2FZa%C5%82%C4%85czniki%2FBiuletynWNHiP2017%5F8%2Epdf&amp;parent=%2Fpersonal%2Farkadiusz%5Furbanek%5Fuwr%5Fedu%5Fpl%2FDocuments%2FZa%C5%82%C4%85czniki&amp;originalPath=aHR0cHM6Ly91bmI3cm9jLW15LnNoYXJlcG9pbmQuY29tLzpiOi9nL3BlcnNvbml3cmJFya2FkaXVzel91cmJ</a>	All employers of Faculty of Historical and Pedagogical Sciences	Information about the project and partners' meeting	Arkadiusz Urbanek

				hbmVrX3V3cl9IZHV fcGwvRWNpc3hwc HI6TE5KcEYzaEhrM 2g2RW9CeGpSel9k a193Mng5MHo4W W9ScU9xQT9ydGlt ZT1Yb1M3S1NGSD EwZw			
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ESTONIA (Tallinn University and ANDRAS - EESTI TAISKASVANUTE KOOLITAJATE ASSOTSIAATIOON)							
	Event/ Publication	Date	Venue/ Reference	Weblink	Target Group	Activity	Who
	<i>Title of event/ publication</i>	<i>Date of event/ publication</i>	<i>Venue of event/ Reference information for Publication</i>		<i>Target group of the event/ publication</i>	<i>e.g. presentation, distribution of leaflets, discussion, etc.</i>	<i>Author/editor/ presenter/ speaker, etc.</i>
1	Bachelor Thesis	2017	Tallinn University, School of Governance, Law and Social Sciences		Academia, local municipality officers	Older Men Experiences in Living in the Community - Based on a Project "Old Guys Say Yes to Community" the First Results of the Research Study.	Jaanika Petti
2	Master Thesis	2018	Tallinn University, School of Educational Sciences		Academia, local municipality officers, museums	Elderly Men in Informal Study Based on an Example of the Estonian Road Museum.	Triinu Õispuu
3	Master Thesis	2018	Tartu University, Institute of Social Sciences		Academia, local municipality officers	Estonian senior men's experiences in spending free time in a community...	Margit Metsmägin

4	Master Thesis	2018	Tallinn University, School of Governance, Law and Social Sciences		Academia, local municipality officers	"But Where to Participate?": Experiences of Social Participation among Men Who Are Older Than 60.	Olga Lupanova
5	Master Thesis	2019	Tallinn University. Institute of Governance, Law and Social Studies.		Academia, local municipality officers	Narratives of Friendship Among Old-Aged Men.	Jaanika Petti
6	Research paper	2019, June 12	The socio-political journal of the Estonian Parliament. ( <i>Riigikogu Toimetised</i> , 39, 151–162)	<a href="https://rito.riigikogu.ee/nr-39/kellele-eestis-on-vaja-vanemaealisi-mehi/?fbclid=IwAR1meYXQIHizFKtjCo2fT3xZVpt2w8vT2lZzXVM0GUZFvDFVN6pu5IKUIM">https://rito.riigikogu.ee/nr-39/kellele-eestis-on-vaja-vanemaealisi-mehi/?fbclid=IwAR1meYXQIHizFKtjCo2fT3xZVpt2w8vT2lZzXVM0GUZFvDFVN6pu5IKUIM</a>	Members of Estonian Parliament and policy makers	Kellele Eestis on vaja vanemaealisi mehi? Who Needs Elderly Men in Estonia?	Tiina Tambaum, Iris Pettai
7	Research paper	2019	Studies in Adult Education and Learning, 25(2), 67-79.		Researchers in the world, community developers	What is missing - older male learners or a community strategy?	Tiina Tambaum, Felika Tuul, Reeli Sirotkina
8	Research paper	2019	In the process of submission		Researchers in the world, community developers	„But Where to Participate?": Experiences of Social Participation among Men Who Are Older Than 60"	Olga Lupanova, Reeli Sirotkina
9	Website post	June 3, 2019	in the web of the Estonian National Broadcast, the section of the Research News	<a href="https://novaator.err.ee/948590/teadlaste-soovitused-uha-kasvava-hulga-uksildaste-vanameestega-toimetulekuks">https://novaator.err.ee/948590/teadlaste-soovitused-uha-kasvava-hulga-uksildaste-vanameestega-toimetulekuks</a>	The wide public	"Teadlaste soovitusel üha kasvava hulga üksildaste vanameestega toimetulekuks" (Researchers' recommendations for coping with an increasing number of lonely old men)	Marju Himma (journalist)

10	Interview	June 3, 2019	the Evening News "Aktuaalne Kaamera" in the Estonian Public Broadcasting (ETV) in prime time (9:00 p.m.)	<a href="https://etv.err.ee/944829/aktuaalne-kaamera-ilm">https://etv.err.ee/944829/aktuaalne-kaamera-ilm</a> (from minutes 20:00 till 22:33)	The wide public	Interview in the clip about results of "Old guys" project	Tiina Tambaum
11	Interview	May 24, 2019	the Evening News "Aktuaalne Kaamera" in the Estonian Public Broadcasting (ETV) in prime time (9:00 p.m.)	<a href="https://etv.err.ee/937823/aktuaalne-kaamera-ilm">https://etv.err.ee/937823/aktuaalne-kaamera-ilm</a> (from minutes 20:24 till 23:10)	The wide public	Interview in the clip about results of "Old guys" project	Iris Pettai
12	Interview	May 24, 2019	the Russian Language Evening News "Aktuaalne Kaamera" in the Estonian Public Broadcasting (ETV) in prime time (9:00 p.m.)	<a href="https://etvpluss.err.ee/">https://etvpluss.err.ee/</a> (from minutes 03:40 till 06:00)	The wide public	Interview in the clip about results of "Old guys" project	Iris Pettai
13	Interview	May 24, 2019	Tallinn Television	<a href="https://www.tallinnatv.eu/klipp/10560/24052019-kevadkonverents-keskendus-meestele-ja-nende-muredele">https://www.tallinnatv.eu/klipp/10560/24052019-kevadkonverents-keskendus-meestele-ja-nende-muredele</a>	The wide public	Interview about results of "Old guys" project	Iris Pettai
14	Interview	May 23, 2019	Radio "Kuku"	<a href="http://podcast.kuku.postimees.ee/podcast/intervjuu-eesi-pensionaride-vaesuse-kusimus-iris-pettaiseljamaa/">http://podcast.kuku.postimees.ee/podcast/intervjuu-eesi-pensionaride-vaesuse-kusimus-iris-pettaiseljamaa/</a>	The wide public	Interview about results of "Old guys" project	Iris Pettai

15	Newspaper article	May 22, 2019	the daily newspaper "Postimees"	<a href="https://meieesti.postimees.ee/6688906/iris-pettai-vaesus-on-vaesus-ukskoik-kuidas-seda-nimetada?_ga=2.99294874.547324815.1560354462-1933004867.1556027411">https://meieesti.postimees.ee/6688906/iris-pettai-vaesus-on-vaesus-ukskoik-kuidas-seda-nimetada?_ga=2.99294874.547324815.1560354462-1933004867.1556027411</a>	The wide public	Iris Pettai: Vaesus on vaesus, ükskõik kuidas seda nimetada (Iris Pettai "The poverty of Estonian pensioners is the highest in Europe")	Iris Pettai
16	Press release	May 2019	Tallinn University web	<a href="https://www.tlu.ee/yti/meediavarav/blogid/tiina-tambaum-kas-vanamehed-ei-taha-osaleda-voipuudu-hoopis-kogukonna">https://www.tlu.ee/yti/meediavarav/blogid/tiina-tambaum-kas-vanamehed-ei-taha-osaleda-voipuudu-hoopis-kogukonna</a>	Academia	about the final conference	Tiina Tambaum
17	Newspaper article	July 31, 2019	The weekly magazin Eesti Ekspress	<a href="https://ekspress.delfi.ee/arvamus/vanade-meeste-valik-aktiivne-vananemine-voinahtamatusse-tiksumine?id=86907823&amp;fbclid=IwAR3v0xwWneTSrFSS2b3kfseybi6RJP7BUiXQeendBc0_M1xytNsOrRpbE8">https://ekspress.delfi.ee/arvamus/vanade-meeste-valik-aktiivne-vananemine-voinahtamatusse-tiksumine?id=86907823&amp;fbclid=IwAR3v0xwWneTSrFSS2b3kfseybi6RJP7BUiXQeendBc0_M1xytNsOrRpbE8</a>	The wide public	Vanade meeste valik: aktiivne vananemine või nähtamatusse tiksumine. (Two choices for older men: active ageing or approaching an invisibility)	Tiina Tambaum
18	Newspaper article	August 28,	the daily newspaper	<a href="https://meieesti.p">https://meieesti.p</a>	The wide public	Vanade meeste kohal hõljuvad	Tiina Tambaum

		2019	"Postimees"	<a href="https://ostimees.ee/6763382/tiina-tambaum-vanade-meeste-kohal-holjuvad-uksinduse-tolmupilved?ga=2.219525081.1746112074.1567502874-1933004867.1556027411">ostimees.ee/6763382/tiina-tambaum-vanade-meeste-kohal-holjuvad-uksinduse-tolmupilved? ga=2.219525081.1746112074.1567502874-1933004867.1556027411</a>		üksinduse tolmutpilved (There are clouds of loneliness above older men heads)	
19	Presentation	April 28, 2019	XI Annual Conference of Estonian Social Sciences, Tartu	<a href="https://www.yti.ut.ee/et/teadus/esak-xi-eesti-tuleviku-keskkonnad">https://www.yti.ut.ee/et/teadus/esak-xi-eesti-tuleviku-keskkonnad</a>	Estonian researchers in social sciences (approx. 50)	"Vanemad mehed põlvkondade ühendajatena?" ("Older men as the group with the ability to unite generations in the society"..)	Tiina Tambaum
20	Presentation	May 24, 2019	The spring conference of the Estonian Women's Studies and Resource Centre (ENUT)	<a href="https://enut.ee/en/uti-kevadkonverents-naistest-ja-meestest-seekord-rohkem-meestest/">https://enut.ee/en/uti-kevadkonverents-naistest-ja-meestest-seekord-rohkem-meestest/</a>	Experts and stake holders on the topic of equal rights (aprox. 60)	„Who Needs Elderly Men in Estonia? ”	Iris Pettai
21	Presentations	in 2017, 2018, 2019.	General assemblies of Association of Estonian Adult Educators Andras		The board of ANDRAS (aprox. 30)	Overview on project activities	Ene Käpp
22	Presentation	May 11, 2019	Project final conference in Ljubljana	<a href="https://oldguys.si/conference/">https://oldguys.si/conference/</a>	International research community, community participants and leaders in Slovenia	Social isolation of elderly men and ways of overcoming it by involvement in community.	Tiina Tambaum
23	Presentation	November	ESREA ELOA conference “	<a href="https://research.ha">https://research.ha</a>	International research	Lessons from network marketing	Tiina Tambaum



		12, 2017	Identity, voice, creativity, action!" in Leeds (UK)	<a href="https://nze.nl/en/activities/8th-conference-of-the-esrea-network-eloa-identity-voice-creativity">nze.nl/en/activities/8th-conference-of-the-esrea-network-eloa-identity-voice-creativity</a>	community	business for an educational gerontologist.	
24	Presentation	October 12, 2018	ESREA ELOA conference "Older adults' well-being: The contributions of education and learning programme" in Faro (Portugal)	<a href="https://fchs.ualg.pt/en/content/older-adults-well-being-contributions-education-and-learning">https://fchs.ualg.pt/en/content/older-adults-well-being-contributions-education-and-learning</a>	International research community	Can we suspect an intersectional discrimination in intergenerational learning initiatives?	Tiina Tambaum
25	Presentation	September 10, 2018	Inter University Centre Dubrovnik, School of Social Work Theory and Practice, Social Work with Old Age		International research community	What we know about older men in social work research? – three examples of research finding	Reeli Sirotkina
26	Presentation	December 7, 2018	The project meeting "Development of Adult Education and Expanding Learning Opportunities"		50 persons, adult education stakeholders and network members, incl. representatives of ministries and municipalities.	Introduction of "Old Guys Say YES to Community"	Ene Käpp
27	Roundtable	September 5, 2017	Võru town, in the rooms of Võru Pensioner's Day Centre		25 participants, 5 persons from 4 different municipalities, including the mayor and vice-major of Võru town), 10 from public institutions, and 4 from non-governmental, 6 retired individuals	The goal was to discuss the opportunities for men over 60 to participate in social life, how to bring such men out of their homes, offer them participation in organisations and events, help to solve vital problems of men	Triinu Õispuu, Tiina Tambaum, Helve Kase, Iris Pettai, Sirje Plaks, Ene käpp

						over 60.	
28	Focus group	September 27, 2017	Jõhvi town, in the rooms of Elderly Day Centre		8 participants, 4 persons from municipality, 3 from public institutions, and 1 from non-governmental organisations or civil society.	The goal was to discuss the opportunities for men over 60 to participate in social life, how to bring such men out of their homes, offer them participation in organisations and events, help to solve vital problems of men over 60.	Olga Lupanova, Margit Metsmägin, Sirje Soo
29	Focus group	September 28, 2017	Võru town, in the rooms of Võru Pensioner's Day Centre		12 participants, 3 persons from municipality, 5 from public institutions, and 4 from non-governmental organisations or civil society.	The goal was to discuss the opportunities for men over 60 to participate in social life, how to bring such men out of their homes, offer them participation in organisations and events, help to solve vital problems of men over 60.	Triinu Õispuu, Helve Kase, Iris Pettai
30	Study group	June 17, 2019	Tallinn, in the rooms of Tallinn University		4 persons (4 from Tartu via Skype) and Among test persons there were 2 (older) men and all others were women.	The kick-off meeting and introduction course for testing the blended learning program	Tiina Tambaum, Reeli Sirotkina
31	Study group	July 1, 2019.	Tallinn, in the rooms of Metropol Hotel		12 persons (2 from Tartu via Skype).	The final meeting and course for testing the OER based course	Tiina Tambaum, Reeli Sirotkina, Iris Pettai, Helve Kase

32	Roundtable meeting "Older men as a target group in the community adult education" in Brussels	September 19, 2018	National Coordinators for the Implementation of the European Agenda for Adult Learning,		National coordinators for adult learning of 19 European countries.	information on the project "Old Guys Say YES to Community"	Ene Käpp
33	Roundtable meeting in Tallinn	April 16, 2019	Roundtable meeting on the Erasmus+ project "National Coordinators for the Implementation of the European Agenda for Adult Learning (2017–2019)"		15 participants, incl. From the Ministry of Education & Research, Social affairs, umbrella adult education organisations, Estonian Association of Cities and Municipalities	information on the project "Old Guys Say YES to Community"	Ene Käpp
34	Roundtable meeting in Tallinn	June 17, 2019	transnational meeting of Erasmus + KA2 "Back to Learning – Developing Key Competence of Adults for High Quality Learning Opportunities"		18 participants - project partners from Hungary, Germany, Malta, Ireland and Spain.	information on the project "Old Guys Say YES to Community"	Ene Käpp
35	Roundtable meeting in Prague	September 23, 2019	transnational meeting of Erasmus + KA2		20 participants, incl. From Czech Republic National Institute for Education, Education Counselling Center and Center for Continuing Education of Teachers	information on the project "Old Guys Say YES to Community"	Ene Käpp

36	Think Tank "How to get active and dignified in Estonia"	February 22, 2017	in the conference hall of the Estonian Parliament, awarding ceremony for the title of Senoir Learner		50 participants, incl. MPs.	The poster presentation was made by a 81-year-old Mati Särglepp. He was awarded the title of Senoir Learner at the Estonian Adult Learners' Week in 2016.	Mati Särglepp
37	The course of Educational Gerontology for master students	2017, 2018, 2019	Lecture and seminar, 4 academic hours at Tallinn University		17 + 17 + 15 master students	Principles of older men learning and social engagement.	Tiina Tambaum
38	Laureate for awarding	2019	First price of the baccalaureate work in social sciences in Tallinn University	<a href="https://www.tlu.ee/tallinna-ulikooli-uliopilaste-teadustoode-konkurss">https://www.tlu.ee/tallinna-ulikooli-uliopilaste-teadustoode-konkurss</a>	Academia	Awarding for the work „But Where to Participate?": Experiences of Social Participation among Men Who Are Older Than 60".	Olga Lupanova

PORTUGAL (University of Algarve)							
	Event/ Publication	Date	Venue/ Reference	Weblink	Target Group	Activity	Who
	<i>Title of event/ publication</i>	<i>Date of event/ publication</i>	<i>Venue of event/ Reference information for Publication</i>		<i>Target group of the event/ publication</i>	<i>e.g. presentation, distribution of leaflets, discussion, etc.</i>	<i>Author/editor/ presenter/ speaker, etc.</i>
1	Presentation	06/10/2016	ESEC, University of Algarve		Master students – course on Social Gerontology	Information and discussion of the project Old Guys – inviting students to participate	António Fragoso and Carla Vilhena
2	Presentation	13/10/2016	ESEC, University of Algarve		Master students – course on Social	Information and discussion of the project Old Guys – inviting	António Fragoso

					Education	students to participate	
3	Presentation	18/11/2016	ESEC, University of Algarve		Master students – course on Sociology	Information and discussion of the project Old Guys – inviting students to participate	António Fragoso
4	Presentation	02/10/2017	FCHS, University of Algarve		Master students – course on Educational Sciences	Learning at an older age: the case of Old Guys Project	Sandra Valadas and António Fragoso
5	Focus group debate	20/07/2017	University of Algarve		Local administration and civil society organisations from Faro and Olhão	Discussion on the old guys project and the situation of older men and older men's learning in the community	Sandra Valadas and António Fragoso
6	Focus group debate	21/07/2017	University of Algarve		Local administration and civil society organisations from Faro and Olhão	Discussion on the old guys project and the situation of older men and older men's learning in the community	Sandra Valadas and Carla Vilhena
7	Focus group debate	28/07/2017	Association <i>In Loco</i> , São Brás		Local administration and civil society organisations from São Brás	Discussion on the old guys project and the situation of older men and older men's learning in the community	Carla Vilhena and António Fragoso
8	Identity, Voice, Creativity, Action: The 8th conference of the ESREA Network - ELOA	09 to 11/11/2017	Leeds, United Kingdom	<a href="https://research.hanze.nl/en/activities/8th-conference-of-the-esrea-network-eloa-identity-voice-creativity">https://research.hanze.nl/en/activities/8th-conference-of-the-esrea-network-eloa-identity-voice-creativity</a>	Scientific community	Presentation of the paper: Learning careers after retirement: The influence of academic background	Vilhena, C., Valadas, ST., & Fragoso, A
9	Older adults' well-being: The contributions of education and learning: The 9th	11 to 13/10/2018	Faro, University of Algarve, Portugal	<a href="https://fchs.ualg.pt/en/content/older-adults-well-being-contributions-education-and-">https://fchs.ualg.pt/en/content/older-adults-well-being-contributions-education-and-</a>	Scientific community	Presentation of the paper: Cumulative disadvantages throughout the life course: A case study on older men's wellbeing	Vilhena, C., Valadas, ST., & Fragoso, A.

	Conference of the ESREA Research Network on Education and Learning of Older Adults (ELOA)			<a href="#">learning</a>			
10	Publication	Submitted to RELA the 30/11/2018	It will be accessible in October 2019 in the European Journal for Research in the Education and Learning of Adults (RELA), SCOPUS indexed	<a href="https://www.rela.epliu.se/">https://www.rela.epliu.se/</a>	Scientific community	Publication of article: Education matters: cumulative advantages and disadvantages amongst Portuguese older men.	Vilhena, C., Valadas, ST., & Fragoso, A.
11	Publication	Submitted to the 17/01/2019, (Published may 2019)	Studies in Adult Education and Learning, Slovenia	Accessible in <a href="https://revije.ff.uni-lj.si/AndragoskaSporoznanja/article/view/8491">https://revije.ff.uni-lj.si/AndragoskaSporoznanja/article/view/8491</a>	Scientific community	Publication of article: Transitions to Retirement: Perceptions of Portuguese Older Men	Valadas, ST, Vilhena, C., & Fragoso, A.
12	Publication (Co-editing) of special issue	From January to May 2019	Studies in Adult Education and Learning, Slovenia	<a href="https://revije.ff.uni-lj.si/AndragoskaSporoznanja/article/view/8497">https://revije.ff.uni-lj.si/AndragoskaSporoznanja/article/view/8497</a>	Scientific community	Coordinating the special issue (Old Guys say Yes to Community), contacting with reviewers and authors, editing articles, writing the editorial, etc.	Sabina Jelenc Krašovec, António Fragoso and Marta Gregorčič
13	Seminar Collaborative Practices in Active Ageing	19/11/2018	ACASO, Olhão, Portugal		Social workers and community workers (about 70 participants)	Presentation of the paper: Old Guys say yes to Community	Vilhena, C., Valadas, ST., & Fragoso, A
14	Focus Group - results presentation	10/09/2018	University of Algarve		Local administration and civil society organisations from Faro, Olhão and São Brás	Presentation of the project results, discussion, debate on recommendations	António Fragoso, Carla Vilhena, Sandra Valadas

15	PhD seminar	23/05/2017	Institute of Education, University of Lisbon, Portugal		PhD students and colleagues from Lisbon University	Presentation “Learning in the community at an older age: from the OMAL results to Old Guys project”.	António Fragoso
16	PhD seminar	08/05/2018	Institute of Education, University of Lisbon, Portugal		PhD students and colleagues from Lisbon University	Presentation “Education and Learning of older adults: challenges and opportunities”.	António Fragoso
17	PhD seminar	30/04/2019	Institute of Education, University of Lisbon, Portugal		PhD students and colleagues from Lisbon University	Presentation and discussion of Old Guys results. Title: “Education and Learning of older men: the results of old guys project”.	António Fragoso
18	Publication	July 2019	Journal to define; submission to be made in October 2019		Scientific community	Writing an article titled: Social Capital among older men in Portugal	Vilhena, C., Valadas, ST., & Fragoso, A
19	Presentation in Old Guys European Seminar; 10th ELOA Network Conference: The pluralisation of transitions to the after-working life phase: Gender capital, silver productivity and mental (eloa2019.ff.uni-lj.si )	11/05/2019	Ljubljana, Slovenia	<a href="https://eloa2019.ff.uni-lj.si/">https://eloa2019.ff.uni-lj.si/</a>	Scientific community, media, civil society organisations	Cumulative advantages and disadvantages of Portuguese older men: Portugal’s team findings	António Fragoso, Sandra T. Valadas and Carla Vilhena
20	Presentation, teaching	February to May 2018	FCHS, University of Algarve		Master students of Educational Sciences, course Critical Geragogy	Presentation and discussion of Old Guys results; theoretical consequences to the community learning of older men; gender	António Fragoso

						and learning at an older age	
21	Presentation, teaching	February to May 2019	FCHS, University of Algarve		Master students of Educational Sciences, course Critical Geragogy	Presentation and discussion of Old Guys results; theoretical consequences to the community learning of older men; gender and learning at an older age	António Fragoso